



**B.B.T.S.A**

**BRITISH BATON TWIRLING SPORTS  
ASSOCIATION**

**Competition Rules and Regulations**

**Version 30**



**ALL CHANGES TO THIS VERSION OF THE RULE BOOK ARE HIGHLIGHTED IN YELLOW**

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## 1 AMENDMENTS AND REVISIONS

This document has been separated into sections, with each section separately numbered. When a revision or amendment is made, the following will apply:

Where the change does not alter the total number of pages in that section then only the altered page will be circulated to members.

Where the change alters the total number of pages in a section then the whole section will be circulated to members.

Changes to this version are highlighted in **YELLOW**

Version	Description of change	Effective Date	Section	Page
1 to 15	See version 15 for all previous revisions			
16	5 yearly re-issue of Rule Book, incorporating removal of previously discontinued sections and inclusion of all the following proposals raised during 2011.	01.01.12	All	All
16	NEC Proposal 12062011/01, Duo matches two baton for structure etc.	01.01.12	7 & 12	7 & 12
16	NEC Proposal 12062011/02, Representation ruling for Individual Freestyle events	01.01.12	20.2.3.1	20/2
16	NEC Proposal 12062011/03, Selection entry level for British Open	01.01.12	20.2.3.3	20/2
16	NEC Proposal 12062011/04, English selections – entry for experience only.	01.01.12	21.1.3	21/1
16	NEC Proposal 12062011/05, British Open recall numbers	01.01.12	20.2.8.1	20/3
16	NEC Proposal 12062011/06, Admin change to section	01.01.12	20.2.6.4.	20/2
16	NEC Proposal 12062011/07, moved Team general rules from section 14.1 and inserted into section 2.7	01.01.12	2.7.28	2/4
16	Consolidation of information into single sections for age groups and timing rules.	01.01.12	5 & 6	All
16	Technical Proposal TP22112010/5 Sliding Scale for Penalties	01.01.12	7	All
16	Consolidation of information into single sections for penalties	01.01.12	7	All
16	Technical Proposal 11092011/02, achievement of relevant grade for English Selections	01.01.12	22.1.4	22/1
16	Technical Proposal 11092011/01, achievement of relevant grade for Area and National Championships.	01.01.13	2.7.27	2/4
16	Technical Proposal 11092011/03, Restrictions for British Open levels and section on progression choice dependant on ability.	01.01.13	21.2.6 21.2.7.1	21/1 21/2
17	Technical Proposal 12092010/02, Creation of Senior+ section for solo, 2 baton, Fancy and Dance Twirl	01.01.12	5	5/1
17	NEC proposal 15012012/01, Addition of baton drop penalty for British Open Freestyle Pairs.	01.01.12	6	6/1
18	NEC Proposal 02112012/1 Duo grade criteria exception (Superseded by proposal 16112012/2)	01.01.13	2.7.28	2/4
18	NEC Proposal 02112012/2 Two baton grade clarification	01.01.13	2.7.28	2/4
18	Technical proposal 07092012/2 Clarification of gymnastic moves	01.01.13	9.4.21	9/1
18	NEC Proposal 04062012/1, sections combined at discretion of comp officer (Note section 2.7 renumbered as a result of this rule insertion)	01.01.13	2.7.11	2/3
18	Technical Proposal 16112012/1 grade criteria for International Selections	01.01.14	2.7.29	2/4
18	Technical Proposal 16112012/2 grade criteria for two baton, duo and 3 baton	01.01.14	2.7.28.8 to 2.7.28.10	2/4
19	NEC Proposal 27052013/1 Selection criteria for World, Europe and International Cup	01.01.14	22.1.5 26.1.4	22/1 26/1
19	NEC Proposal 07092013/1 Refinement of British Open age groups	01.01.14	5	5/3
20	NEC Proposal 07092013/3, Tabulation for International	01.01.15	21.16.1.2	21/8

# BRITISH BATON TWIRLING SPORTS ASSOCIATION

FOUNDER: AUDREY O'NEILL MBE

PRESIDENT: JOAN FISHER



Version	Description of change	Effective Date	Section	Page
	section of British Open implementation 2015			
20	Removal of references to CETB	01.01.15	All	All
20	NEC Proposal 130914/2 Duo age consolidation for senior and adult	01.01.15	5	5.1
20	NEC Proposal 130914/3 Split Juvenile section for two baton	01.01.15	5	5.2
20	Full check through by Competition Officer ref: "Rule Changes Nov 2014" and International Cup Restrictions	01.01.15	All	All
20	Artistic Twirl and Artistic Pairs definition	01.01.15	26.3	26/1
20	European Commission 24.01.15 motion no 2, minimum age 8	01.01.15	4 & 5	4.1 & 5.1
21	NEC Proposal 25042015/1 remove 17.3.1 same team costume requirement	01.01.16	17.3	17/1
21	Proposal No: 27092015/1 international grade requirements	01.01.16	2.7.29	2/4
21	Proposal No: 27092015/2 WBTF competition selection prequalification	01.01.16	22.1.5 & 22.1.6	22/1
21	Proposal No: 27092015/3 athlete loan arrangements	01.01.16	23.8	23/2
21	Proposal No: 27092015/4 (Not Used)	N/A	N/A	N/A
21	Proposal No: 27092015/5 Grip Tape guidance	01.01.16	3.1.5 21.7.7.4 26.6.3	3/1 21/5 26/6
21	Proposal No: 27092015/6 (No rule change – Dance Team National Event to be held at Twirlfest)	01.01.16	N/A	N/A
21	Proposal No: 27092015/7 (No rule change – use of "sets" for solo, 2baton and 3 baton)	01.01.16	N/A	N/A
21	Proposal No: 27092015/8 (No rule change – 50% contribution to SFBT for WBTF Fee)	01.01.16	N/A	N/A
21	Proposal No: 27092015/9 (No rule change – Region reshuffle in the South East)	01.01.16	N/A	N/A
21	Removed duplication of age groups for international competition (email from competition officer 09/11/15)	01.01.16	4	4/2
21	Aligned international age groups with latest WBTF rules (email from competition officer 09/11/15)	01.01.16	5	5/2
21	Proposal 08052016/01 International athlete requirements at Nationals	08.05.16	2.7.27	2/4
21	Proposal 08052016/02 2 baton restrictions	08.05.16	8.2	8/1
21	Proposal 08052016/03 Duo event restrictions	08.05.16	13.2	13/1
21	Proposal 08052016/04 Grade requirements for Nationals	08.05.16	2.7.28	2/4
21	Proposal 22102016/01 Addition of general rules for international competitions	01.11.16	2.12	2/7
21	Proposal 22102016/02 Amendment to penalties for British Open individual freestyle using WBTF rules	01.11.16	6	6/2
21	Proposal 14012017/1 Changes to Two baton age criteria and ability levels	31.01.17	5	5/1
21	Proposal 14012017/2 Addition of Pre-beginner section	31.01.17	2.7.30, 4, 5, 7.3	2/6, 4/1, 5/1, 7/1
21	Proposal 14012017/3 Freestyle Composite Teams allowed	31.01.17	19.1.6	19/1
21	Proposal 14012017/4 removal of section describing disqualification from National Championships	31.01.17	2.7.4	2/6
21	Proposal 14012017/5 Change of minimum team size to 4	31.01.17	19.2.1	19/1
21	Proposal 14012017/6 Twirl Challenge composite team change	31.01.17	17.1.1	17/1
22	Proposal No: 20170908/1 alignment with WBTF Rules	30.09.17	25	25
22	Proposal No: 20170908/2 European Cup changes	30.09.17	23 & 24	23 & 24
22	Proposal No: 20170908/3 International age changes	30.09.17	5.1.2	5/1
22	Proposal No: 20170908/4 International look up table	30.09.17	2.12.2	2/9
22	Proposal No: 20170908/5 Rule book date for changes	30.09.17	2.7.1	2/6
22	Proposal No: 20170908/6 removal of pre-beginner	30.09.17	2,4,5,7	Misc
22	Proposal No: 20170908/7 Senior Beginner sections except P&P	30.09.17	5.1.2	5/1
22	Proposal No: 20170908/8 set system for Solo Twirl, Two	30.09.17	4	4/1

# BRITISH BATON TWIRLING SPORTS ASSOCIATION

FOUNDER: AUDREY O'NEILL MBE

PRESIDENT: JOAN FISHER



Version	Description of change	Effective Date	Section	Page
	Baton, Duo and Three Baton			
22	Proposal No: 20170908/9 P&P penalties	30.09.17	6	6/1
22	Proposal No: 20170908/10 Grades criteria amendment	30.09.17	2.7.28	2/7
22	Proposal No: 20170908/11 Changes to British Open Rules	30.09.17	5 & 21	misc
22	General Editing, removal of CD references from all sections.	30.09.17	All	misc
23	Proposal No: 20180818/01 Appeals period	30.09.18	2.7	2/7
23	Proposal No: 20180818/02 Duo membership	30.09.18	13.2	13/1
23	Proposal No: 20180818/03 Fancy Arena size & penalty	30.09.18	6 & 11.1	6/1 & 11/1
23	Proposal No: 20180818/04 Two Baton removal of Tiny Tot	30.09.18	5.1.2	5/1
23	Proposal No: 20180818/05 Removal of compulsories for Juniors & replace with Short Program	30.09.18	21 & 22	Misc
23	Proposal No: 20180818/06 Juvenile athletes compete in Artistic Twirl and Pair domestically	30.09.18	5	5/1
24	Clarity of timings and penalties, no changes to rules	30.09.18	4,6, 7, 8, 12, 13, 14, 15	multiple
25	Section 6 – Replacement of Dance Twirl Penalties	30.09.18	6	6/1
26	Proposal 20190914/1 Overall Champions and new section 2.7.13	30.09.19	2.7.12	2/6
26	Proposal 20190914/2 Islands' competitions. Section number up by 1 from 2.7.18 to 2.7.19	30.09.19	2.7.19	2/6
26	Proposal 20190914/3 Twirl Challenge Criteria	30.09.19	17.2.1	17/1
26	Proposal 20190914/4 British Open Levels to match WBTF	30.09.19	4 & 21	misc
26	Proposal 20190914/5 timings	30.09.19	4	4/1
26	Proposal 20190914/6 Tiny Tot Grade (Section number up by 1 from 2.7.29 to 2.7.30)	30.09.19	2.7.30.1	2/7
27	20200524-1 Grades for incoming experienced athletes	30.09.2020.	2.7.24	2/7
27	20200524-2 Grades for European Cup	30.09.2020.	2.7.33.2	2/8
27	20200705-4 Intl Comp selection numbers	30.09.2020.	22, 23, 24, 25	Multiple
27	20200705-5 Poise	30.09.2020.	12	12/1
27	20200814-6 Dance Twirl Music	30.09.2020.	9.2	9/1
28	20210625-1 Introduction of Micro Tots	30.09.2021	4, 5, 9.2.1.1	Multiple
28	20210625-2 Pre Beginner Ability Level	30.09.2021	2.7, 4, 5, 7.3	Multiple
28	20210625-3 Grade Clarification	30.09.2021	2.7.34	2/4
28	20210711 Pre Beginner Ability Level (Further Clarification)	30.09.2021	2.7.24	2/4
28	20210728-1 Reinstatement of Basic Strut	30.09.2021	3, 5, 10	Multiple
28	20210728-2 Paratwirl Event	30.09.2021	15	15/1
28	20210728-3 Removal of 2.7.17 professional member minimum level	30.09.2021	2.7.17	2/3
29	20211127-1 Age alignment with international standard	01.01.2022	5	5
29	20211205-1 Tabulation Process (new section in rulebook)	01.01.2022	2.13	2/7
29	20211208-1 Timing of Grades during any competition year	01.01.2022	2.7.33	2/4
29	20211208-2 Pre beginner not requiring Area qualification for Nationals.	01.01.2022	2.7.5	2/4
30	20220410/1 – British Open Changes	01/05/2022	3, 4, 5, 6, 22	Multiple
30	20220410/1a – British Open Age Changes	01/05/2022	5	5/3





## 2 GENERAL COMPETITION RULES

### 2.1 BBTSA SANCTIONED EVENT RULES

- 2.1.1 Allocation of judges for all BBTSA sanctioned events will be made by the Judges Chair / Technical Director
- 2.1.2 Send completed Sanction Form and copy of Judges Contract to BBTSA National Competition Officer 28 days before date of competition. Be sure to include all the Judges names. Only current BBTSA certified judges may be used to adjudicate. All judging assignments must be secured by the current BBTSA Judges Contract. These procedures must be adhered to otherwise all results will be null & void. You will receive notification of sanction approval (or denial).
- 2.1.3 All BBTSA sanctioned competitions will follow Regional, Area and National competition format unless so noted.
- 2.1.4 The BBTSA does not recognise fire baton contests and will not assume responsibility for such.
- 2.1.5 The BBTSA sanctions competitions in Great Britain.
- 2.1.6 Misuse of the BBTSA name by a Competition Officer is sufficient cause for refusal of future sanctions.
- 2.1.7 All BBTSA sanctioned competitions must use the BBTSA official competition music.
- 2.1.8 BBTSA Music is available for purchase on CD or requested (FOC) via "Dropbox".
- 2.1.9 All BBTSA sanctioned competition must use BBTSA official score sheets.
- 2.1.10 All Regional / Area / National sanctioned competitions must follow the following guidance for individual competitors in all age groups and levels.
- 2.1.11 1 to 15 – Final only
- 2.1.12 16 to 30 – Prelim Round and Final (10 to 15)
- 2.1.13 31 and over – Prelim Round, Semi Final (20) and Final (10 to 15)
- 2.1.14 Team and Groups if there are 9 or more entered in any one section a preliminary round must be held, the final will consist of 6 teams or groups.

### 2.2 COMPETITION ENVIRONMENT AND CONDITIONS

- 2.2.1 **SMOKING IS PROHIBITED** in the relevant competition and practice areas at all BBTSA competitions.
- 2.2.2 Spectators and non-performing athletes must stay clear of the competition floor whilst music is being played.
- 2.2.3 Judges table and tabulation tables must be clear of athletes and spectators at all times.
- 2.2.4 Warm ups are at the discretion of the Competition officer at all BBTSA competitions.

### 2.3 INTERFERENCE

- 2.3.1 If two performing athletes have contact to extent that either performance is disrupted, the officiating judges are required to decide if the contestants should re-perform.
- 2.3.2 If outside interference should occur; the officiating judges are required to decide if re-performance is necessary. **NO PENALTY.**
- 2.3.3 Any athlete who intentionally interferes with another athlete during his/her performance then he/she will be **DISQUALIFIED**

### 2.4 RE COMPETING

- 2.4.1 A competitor will be allowed to re-perform without penalty if his/her baton breaks or if a tip or ball is lost.
- 2.4.2 If costume failure becomes hazardous, indecent or embarrassing the Chief Judge or Competition Officer may stop the competition and order a restart.
- 2.4.3 In the event of no 1 & 2 or music failure the athlete/s will re-compete immediately and judging will commence from the point of failure. For music failure only One re-run is allowed unless the failure is due to the sound equipment.
- 2.4.4 If an athlete is unable to compete because of an obstruction or other unforeseen circumstances, that athlete will be able to re-compete at the discretion of the Competition Officer of Chief Judge. The officiating judges will be consulted.

### 2.5 HEALTH

- 2.5.1 Athletes that have an injury or are sick should not, in their own interest take the floor and compete. (see individual rules No. 2.5.3) BBTSA will not be held responsible for such an athlete taking the floor.



- 2.5.2 Any athlete who is aware she is pregnant and who competes after 3 months into her pregnancy will be banned from competing the following year.
- 2.5.3 If an athlete is taken ill or injured during their performance they must have completed 75% of the minimum time in order to be scored. For Fancy – the first 2 lengths plus the 2nd corner must have been completed. Athletes will not be allowed to re-compete.
- 2.5.4 If an athlete is taken ill or injured prior to a sanctioned event, a written request for dispensation must be submitted to the regional competition officer who will forward it for consideration by the BBTSA dispensation sub-committee.

## 2.6 DISQUALIFICATION

- 2.6.1 No substances i.e:- Water, Resin or Powder to be used within the relevant competition area, failure to comply with this requirement shall result in DISQUALIFICATION
- 2.6.2 Unsportsmanlike conduct will result in DISQUALIFICATION.
- 2.6.3 Any occurrence of dissent or bad sportsmanship shown during the trophy presentation will result in:-
  - 2.6.3.1 Suspension of the Club in TEAM events and INDIVIDUALS in individual events.
  - 2.6.3.2 Suspension period to be minimum of one year or greater if deemed necessary.
  - 2.6.3.3 Any bad behaviour or dissent carried out by the club leader or parents over competition results will result in similar action being taken.
  - 2.6.3.4 A letter will be given to any person behaving in this manner during or after presentation stating that disciplinary action may be taken and they will be informed of the outcome following the next executive meeting.
- 2.6.4 Automatic elimination from a competition will be imposed on a club/athlete that has falsified information or who is observed coaching or being coached from the sidelines.
- 2.6.5 A contestant intentionally interfering with another contestant during his/her performance will be DISQUALIFIED.



## 2.7 GENERAL RULES

- 2.7.1 Changes to the competition rules must be advised to the membership before the 30th September to be applicable for the current year. Rules passed after this date, will not take effect until the following year.
- 2.7.2 An appeals period of 30 minutes will open from the end of the last performance of an event, during which any issues with that event must be notified to the Competition Director and/or the Judge's Chair. Appeals will be accepted from Club Leaders or the athlete's coach. After the appeals period has passed, the judge's result will stand.
- 2.7.3 All members are allowed to participate in their Regional competitions.
- 2.7.4 An athlete may compete at Areas without committing him/herself to Nationals. Area competition officers must be informed at least one week prior to Area competition if athletes are not going to Nationals.
- 2.7.5 All athletes, except pre-beginner, must take the floor and fulfil the written criteria for that event to achieve a positive score at Area level to qualify for Nationals.
- 2.7.6 Athletes may not compete in a younger age group.
- 2.7.7 Athletes to perform to current BBTSA official music.
- 2.7.8 Regions are expected to run Regional competitions, however they are not compulsory and where it is the best interests of the region (small number of entries as an example) play offs need not be held and athlete's may proceed direct to the respective Area Competition.
- 2.7.9 If there is only one athlete in any age group at Areas they must still compete.
- 2.7.10 The Competition Officer has the right to demand proof of age.
- 2.7.11 Age sections may be combined at the discretion of the Competition Officer.
- 2.7.12 Overall Champions. Athletes must compete in the stated twirling events to qualify for an overall title. These events must be the highest divisions available in their relevant age group. Tiny Tots :- Solo, Dance Twirl and Fancy Strut. Juvenile 1 to Adult :- Solo, Two Baton, Dance Twirl and Fancy Strut.
- 2.7.13 Overall Champions will be decided on the accumulated place points across the twirling events stated above. 7 points will be awarded for 1st place, 6 points for 2nd place, 5 points for 3rd place and so on to 7th place. The points awarded to each athlete will be totalled and the athlete with the highest points will be awarded overall champion in their relevant age group.
- 2.7.14 National Champions must compete at Areas to qualify for Nationals.
- 2.7.15 Ties will only be broken for 1st Place these will be broken by penalties and the Athlete with the least number of penalties will be placed 1st (All penalties will be taken into account.). If there is still a tie then the points from the judges will be considered. . At the British Open if penalties do not break the tie then the judges placing will be considered.
- 2.7.16 DROP Baton contacts the floor - unintentionally - completely free of hand or body contact. In the event that an athlete drops the baton and upon retrieving it fumbles and drops again this shall be considered as 2 drops - Applies to all events.
- 2.7.17 Prior to entry to competition arena, current membership cards OR proof of application must be verified at any Region / Area / National competitions.
- 2.7.18 Area competition, Islands (e.g. Jersey, Shetland and Isle of Man) are expected to run competitions, however they are not compulsory and where it is in the best interests of the island athletes (small number of entries as an example) play offs need not be held and athletes may proceed direct to the National Championships.
- 2.7.19 A new competition Rule Book in its entirety will be provided to all Clubs, Professional Members and Regional Competition Officers every 5 years (Free of Charge) with effect from 1st January 2012. The rule book will be available in the intervening time at a charge to be determined by the NEC.
- 2.7.20 THE TOP SEVEN National Medallists in the BEGINNER and NOVICE group will go up a section the following year EXCEPT TINY TOTS.
- 2.7.21 THE TOP THREE National Medallists in the Intermediate groups will go up the following year.
- 2.7.22 When an athlete advances into the next age group they take their competition level with them, unless they have been promoted under rule 2.7.20 or 2.7.21 in which case they take their new level with them.
- 2.7.23 Tiny Tots will compete under beginner level material rules.



- 2.7.24 The pre-beginner sections will not be classed as a National Title.
- 2.7.25 Athletes may not compete in the pre-beginner sections for more than 1 year.
- 2.7.26 Athletes competing at Pre-Beginner level cannot compete in Two Baton, Dance Twirl or Fancy Strut.
- 2.7.27 Athletes joining the BBTSA from other twirling associations will compete at the equivalent BBTSA ability level to their current competition level. If an athlete wishes to compete at a lower level, this must first be agreed with the Technical Director and National Competition Officer.
- 2.7.28 Athletes may select a higher level to compete in if they have not won the right to move up.
- 2.7.29 Athletes may not move down a level
- 2.7.30 For the first year of entering Fancy Strut the athlete will enter at the level they perform in Dance Twirl. If they do not compete in Dance Twirl then they will enter at their Solo twirl level
- 2.7.31 For the first year of entering two baton the athlete will enter at the level they perform in solo twirl.
- 2.7.32 For the National Championships any athlete who has represented their country individually at the World or European championships must compete in the highest event level for their age group in all individual events.
- 2.7.33 For all individual events an athlete must have completed the full grade syllabus as laid out below. All relevant grades for the ability level directly before the level the athlete is competing in must be completed before the area competition and the athlete must be working towards and have passed the relevant grades for the level in which they are competing before 31 December in the year of competition if an athlete wishes to qualify for the National Championships.

<b>Competition Ability Level</b>	<b>Must have passed by Area Competition</b>	<b>Must work towards and pass by 31 December in year of competition</b>
Pre-beginner & Micro Tot	no grade requirements	
Tiny Tot		Tiny Tot grade or Beginner Bronze
Juvenile One Beginner	Tiny Tot grade (if previously competed in Tiny Tots)	Beginner Bronze and Beginner Silver
All other beginner sections	Tiny Tot grade or Beginner Bronze (if previously competed in Juvenile One or Tiny Tots)	Beginner Bronze, Beginner Silver and Beginner Gold
All Novice sections	Beginner Bronze, Beginner Silver and Beginner Gold	Novice Bronze and Novice Silver
All Intermediate sections	Beginner Bronze, Beginner Silver, Beginner Gold, Novice Bronze, Novice Silver	Novice Gold and Intermediate Gold
All Advanced sections	Beginner Bronze, Beginner Silver, Beginner Gold, Novice Bronze, Novice Silver, Novice Gold, Intermediate Gold	Advanced Gold



2.7.34 Athletes joining from other twirling associations will be expected to at least complete and pass the grade at their current competition level and the grade immediately below before 31<sup>st</sup> December of the year of competition.

2.7.34.1 Beginner - as above in [2.7.33] for Tiny Tots, Juvenile One and Beginner athletes

2.7.34.2 Novice - Beginner Gold, Novice Bronze and Novice Silver grades

2.7.34.3 Intermediate - Novice Gold, Intermediate Gold grades

2.7.34.4 Advanced - Intermediate Gold and Advanced Gold grades.

The athlete will be expected to complete and pass further grades as they progress through the competition levels in line with [2.7.33].

2.7.35 All athletes wishing to enter selections for the following international competitions must have completed and passed the specified grades. Championships (Effective from January 2014)

2.7.35.1 **WBTF Championships:** Freestyle athletes must have completed elite grades; Pair and team athletes must have completed up to "A Gold" grade

2.7.35.2 **European Cup:** All individual Athletes must have completed the level of grade they compete at nationally; all other athletes (pair, team, group) must have completed up to and including Novice Gold grade.

2.7.35.3 **International Cup:** All individual Athletes must have completed the level of grade they compete at nationally; all other athletes (individual, pair, team, group) must have completed up to novice grades.

## 2.8 GENERAL RULES AND PROCEDURES FOR NATIONAL TEAM EVENTS

2.8.1 There is a leaguings system in operation which may mean that teams are elevated to OPEN, or teams can be relegated.

2.8.2 Any individual may compete in only one team. If an athlete enters in two of the same type of category then both/all teams will be disqualified. (The ONLY exception to this rule is at British Open where a member of the National Squad (Team & Group) who is also a member of a Club Team or Group may be granted permission to compete in both in the year of competition. This exception must be requested in advance to the Technical Director and Competition Officer.

2.8.3 Two named reserves are permitted in dance team events; they MUST be named on entry forms.

2.8.4 Floor space should be 50ft x 80ft.

2.8.5 Judges should be seated in an elevated central position.

2.8.6 Teams to only use one standard baton per member.

2.8.7 If a team loses 60% of the minimum number of its members (that were on the floor and competed) in the previous year they may go down a class on application. If a team does not compete for 2 years in succession they must go down a class.

2.8.8 In the event of a music/costume failure the performance may be stopped. The athletes to re-compete immediately - judging to commence from the point of failure. Only one re-run is allowed unless the failure is due to the sound equipment.

2.8.9 If during the performance one or more members leave the floor before the minimum time required has been reached that team will receive a 20 point penalty. If however one or more members leaves the floor during the performance leaving less than the minimum required number then the team will be DISQUALIFIED. If the reason for member/s leaving the floor is first aid there will be NO PENALTY.

2.8.10 Music via Dropbox

2.8.10.1 All team music must be submitted to the Dropbox account designated by the BBTSA prior to the closing date of the competition.

2.8.10.2 Versions of this music may be changed no later than 10 days before the competition, and must be notified to the Competition Director and Dropbox Co-ordinator.

2.8.10.3 All athletes must have a back up in case of music failure. This must be available in the vicinity of the music desk prior to the athlete taking the floor.

2.8.11 Submission of music at Regional and Area level remains at their discretion.

## 2.9 MOVEMENT OF ATHLETES FOR ENTRANCE TO NATIONALS



- 2.9.1 All competition dates, venues, contact person must be with the competition chairperson by date stated by the BBTSA Board.
- 2.9.2 All these dates must be given to each Region.
- 2.9.3 If an athlete wishes to compete in an area other than their own, then they **MUST** pay the competition fee to each area (i.e. pay the fee twice). Note these fees are **NON-REFUNDABLE**.
- 2.9.4 Areas can accept any amount of visiting athletes per event.
- 2.9.5 Only 3 visiting athletes can obtain placement into the next round if within the “score range”
- 2.9.6 Host Area must maintain a separate master score sheet to identify visitors so that they will not affect the host area allocation.

## 2.10 DEFINITIONS

- 2.10.1 VISITOR - An athlete entering another Region/Area on route to Nationals.
- 2.10.2 WORK/COLLEGE SCHEME :- An athlete that cannot be released from work or college and has been and given permission by National Competition Officer to enter another Area. These athletes will not be counted in any quota either in the visitors or the quotas through to the next round.
  - 2.10.2.1 This athlete, though not in any quota, must obtain a score within the “score band”
  - 2.10.2.2 If this athlete obtains a score within the Score Band the host Competition Officer will inform the athlete's Competition Officer of their qualification.
  - 2.10.2.3 At Areas the athlete returns the paperwork to their own Area for inclusion at Nationals (in excess of their quota)
  - 2.10.2.4 Athlete applies, through own Competition Officer.
- 2.10.3 HOST :- The Region or Area within which the visiting athlete is performing.
- 2.10.4 SCORE RANGE :- The range from the lowest to the highest of those athletes that have qualified to next round.

## 2.11 BBTSA OATH

- 2.11.1 Athletes Oath
  - 2.11.1.1 We the Athletes swear on this flag that we will compete with a loyal and sporting attitude. We pledge ourselves to respect each other and to get on well together. Our behaviour will be characterised by the highest righteousness and honesty and it shall be a clear example for all those who are watching and following us. In the name of the sport we practise and with our correct behaviour, the competition we are going to begin will help in consolidating a lasting and sincere friendship among all young people in Great Britain.
- 2.11.2 Judges Oath
  - 2.11.2.1 We the Judges swear on this flag that we will judge with loyalty and impartiality. Our behaviour will be characterised by the highest righteousness and honesty and it shall be a clear example for all those who are watching and following us



## 2.12 GENERAL RULES FOR INTERNATIONAL COMPETITIONS

- 2.12.1 SEQUENCE of EVENTS – **EVEN** years are World Championships and European Cup, **ODD** years are International Cup and European Championship
- 2.12.2 Summary of Each International Event

Event	WORLD CHAMPIONSHIP	EUROPEAN CUP	INTERNATIONAL CUP	EUROPEAN CHAMPIONSHIP
Individual Freestyle	✓	✓		✓
Freestyle Pairs	✓	✓		✓
Freestyle Team	✓	✓	✓	✓
Solo Twirl		✓	✓	
Two Baton		✓	✓	
Three Baton		✓	✓	
Artistic Twirl			✓	
Artistic Pair			✓	
Artistic Group		✓	✓	✓

## 2.13 TABULATION

- 2.13.1 National Title events shall be tabulated using the majority placing system with 3 or 5 judges. British Open tabulation process is described in Section 22.





## 3 COSTUMING

### 3.1 GENERAL RULES

3.1.1 A leotard or costume of any description can be worn in all events bearing in mind this is a sport.

3.1.2 No jewellery except small stud earrings. Glasses may be worn.

3.1.3 No facial jewellery allowed.

3.1.4 MEN - Short or long sleeve top, shorts or long trousers. A one-piece suit may be worn (Athletic suits like skating or gymnastics) The torso must be covered – skin coloured body stocking must be used for bare skin effect. Costumes must be designed with decency in mind.

3.1.5 The use of grip tape is optional. Grip tape can cover up to ½ of the shaft, divided equally from the centre. Grip tape can be applied in solid, striped or spiral fashion. Tape can be of any colour(s). Inside a Pair, Team or Group, the grip tape must be the same.

3.1.6 Point shoes are NOT permitted in any event.

### 3.2 SOLO/DANCE TWIRL; SOLO; 2 BATON; 3 BATON; FANCY STRUT; DUO; FREESTYLE EVENTS; DANCE TEAMS.

3.2.1 All General Rules apply

### 3.3 BASIC STRUT

3.3.1 Any costume may be worn i.e.: - costume or leotard (in line with general costuming rule).

### 3.4 POISE

3.4.1 Any costume may be worn bearing in mind that twirling is a sport.

### 3.5 POM POMS

3.5.1 Any costume may be worn and reflect theme/chosen style. No part of the mid-rift must be exposed – skin coloured body stocking must be used for this effect. Costumes must be designed with decency in mind.

### 3.6 NOVELTY

3.6.1 These are purely for fun and costumes must be within the bounds of decency appertaining to children and family entertainment, costuming must correspond with themes.





## 4 TIMING RULES

Individual Event			
Age Division	Section	Timing	Event
Under 13 Paratwirl Over 13 Paratwirl	Beginner	0.50 to 1.10	Solo Twirl
Juvenile One, Juvenile Two, Junior One,	Pre-Beginner	Maximum 1.0	Solo Twirl
Micro Tots, Tiny Tots,	Beginner	Set Music maximum 1.20	Solo Twirl
ALL	Beginner	Set Music maximum 1.20	Solo Twirl 2 Baton
ALL	Novice	May choose to use full set music but no penalty applies if not	Solo Twirl 2 Baton
ALL	Intermediate	Set Music Full Duration	Solo Twirl 2 Baton
ALL	Advanced	Set Music Full Duration	Solo Twirl 2 Baton
Tiny Tots, Juvenile 1	Beginner	Set Music maximum 1.20	Duo
Juvenile 2	Beginner / Novice	May choose to use full set music but no penalty applies if not	Duo
Junior 1	Beginner / Novice	May choose to use full set music but no penalty applies if not	Duo
Junior 1	Intermediate	Set Music Full Duration	Duo
Junior 2	Beginner / Novice	May choose to use full set music but no penalty applies if not	Duo
Junior 2	Intermediate / Advanced	Set Music Full Duration	Duo
Senior	Beginner / Novice	May choose to use full set music but no penalty applies if not	Duo
Senior	Intermediate / Advanced	Set Music Full Duration	Duo
Junior Senior Adult	Intermediate & Advanced	Set Music Full Duration	3 Baton
All age divisions Including paratwirl	All Sections	40 seconds	Poise
All age divisions	All sections	First to last note of music	Solo Dance Twirl
All age divisions		Minimum of 2 lines and 2 corners must be completed to receive a score	Fancy Strut



Team and Group Events			
All age divisions	All sections	Time is from first to last note of music (10 second leeway)	ALL TEAM / GROUPS
Age Division	Section	Timing	Event
<b>Freestyle Team &amp; Group at National Championships</b>			
Division 3	Novice Open	2:00 – 3:30 3:00 – 3:30	Team and Group
Division 2	Novice Open	2:00 – 3:30 3:00 – 3:30	Team and Group
Division 1	Novice Open	2:00 – 3:30 3:00 – 3:30	Team and Group
<b>Dance Team</b>			
Pre-Juvenile	Beginner	1.00 – 1.30	Team
Juvenile	Beginner, Novice	1.00 – 2.00	Team
Junior, Senior	Beginner	1.00 – 2.00	Team
Junior, Senior	Novice, Open	1.30 – 2.30	Team
<b>Club Event</b>			
Division 3	Dance Section	1.00 – 1.10 (No Leeway)	Club Event
Division 3	Twirl Section	1.00 – 1.10 (No Leeway)	Club Event
Division 2	Dance Section	1.00 – 1.10 (No Leeway)	Club Event
Division 2	Twirl Section	1.00 – 1.10 (No Leeway)	Club Event
Division 1	Dance Section	1.00 – 1.10 (No Leeway)	Club Event
Division 1	Twirl Section	1.00 – 1.10 (No Leeway)	Club Event
<b>Twirl Challenge</b>			
Tiny Tots/Juvenile	Beginner/Novice	As Individual events above	Twirl Challenge
Junior	Beginner/Novice Intermediate/Advanced	As individual events above	Twirl Challenge
Senior	Beginner/Novice Intermediate/Advanced	As individual events above	Twirl Challenge
<b>Pom Pom Team &amp; Group</b>			
Pre-Juvenile, Juvenile, Junior, Senior	All Sections	Min 1.00 – 2.30 Max	Pom Pom Team and Group
<b>British Open</b>			
Division 3 Division 2 Division 1		2.00 – 3.30 (10 second leeway)	Freestyle Team, Freestyle Group
Juvenile, Junior		1.30 – 2.00 (10 second leeway)	Freestyle Pairs
Senior		2.00 – 2.30 (10 second leeway)	Freestyle Pairs
<b>Tiny Tots,</b>	All levels	1.00 – 2.00 (10 second leeway)	Individual Freestyle
Juvenile, <b>Youth</b> Junior	All levels	1.30 – 2.00 (10 second leeway)	Individual Freestyle
Senior	Level C	1.30 – 2.00 (10 second leeway)	Individual Freestyle
Senior	Level B, <b>A</b> , Elite	2.00 – 2.30 (10 second leeway)	Individual Freestyle
<b>European Cup</b>			



Junior	3.00 – 3.30 (10 second leeway)	Team, Group
Senior	3.00 – 3.30 (10 second leeway)	Team, Group
<b>International Cup</b>		
Juvenile	Set music	Artistic Twirl, Artistic Pair
Youth	Set music	Artistic Twirl, Artistic Pair
Junior	Set music	Artistic Twirl, Artistic Pair
Senior	Set music	Artistic Twirl, Artistic Pair
Adult	Set music	Artistic Twirl, Artistic Pair
Juvenile	Set music	Solo Twirl, 2 Baton, 3 Baton
Youth	Set music	Solo Twirl, 2 Baton, 3 Baton
Junior	Set music	Solo Twirl, 2 Baton, 3 Baton
Senior	Set music	Solo Twirl, 2 Baton, 3 Baton
Adult	Set music	Solo Twirl, 2 Baton, 3 Baton
A, B	3.00 – 3.30 (10 sec leeway)	Team, Group
<b>European &amp; Worlds</b>		
Junior	1.30 – 2.00 (10 second leeway)	Freestyle Solo, Freestyle Pairs
Senior	2.00 – 2.30 (10 second leeway)	Freestyle Solo, Freestyle Pairs



## 5 AGE DIVISIONS

- 5.1.1 Individual age determined as on 31st December in the year of the event.
- 5.1.2 Team is based on average age - To arrive at the average age, add the years of each member and divide by the total number in the team. For this purpose it is important to include the correct 2 reserves for each team. Reserves must not alter the division.

Individual Event – Basic Strut		
SECTION	AGE	LEVEL
Micro Tots	0 - 5	Open
Tiny Tots	6 - 7	Open
Juvenile One	8 - 9	Open
Juvenile Two	10 - 11	Open
Junior One	12 - 14	Open
Junior Two	15 - 17	Open
Senior	18 and over	Open
Paratwirl - Learning Disability Under 13	0 - 12	Open
Paratwirl - Learning Disability Over 13	13 and over	Open
Paratwirl - Physical Disability Under 13	0 - 12	Open
Paratwirl - Physical Disability Over 13	13 and over	Open
Individual Event - Solo Twirl		
SECTION	AGE	LEVEL
Micro Tots	0 - 5	Beginner
Tiny Tots	6 - 7	Beginner
Juvenile One	8 - 9	Pre-Beginner, Beginner
Juvenile Two	10 - 11	Pre-Beginner, Beginner, Novice
Junior One	12 - 14	Pre-Beginner, Beginner, Novice, Intermediate
Junior Two	15 - 17	Beginner, Novice, Intermediate, Advanced
Senior	18 and over	Beginner, Novice, Intermediate, Advanced
Paratwirl - Learning Disability Under 13	0 - 12	Beginner
Paratwirl - Learning Disability Over 13	13 and over	Beginner
Paratwirl - Physical Disability Under 13	0 - 12	Beginner
Paratwirl - Physical Disability Over 13	13 and over	Beginner
Individual Event - Fancy Strut		
SECTION	AGE	LEVEL
Tiny Tots	6 - 7	Beginner
Juvenile One	8 - 9	Beginner
Juvenile Two	10 - 11	Beginner, Novice
Junior One	12 - 14	Beginner, Novice, Intermediate
Junior Two	15 - 17	Beginner, Novice, Intermediate, Advanced
Senior	18 and over	Beginner, Novice, Intermediate, Advanced
Individual Event - Dance Twirl		
SECTION	AGE	LEVEL
Micro Tots	0 - 5	Beginner

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Tiny Tots	6 - 7	Beginner
Juvenile One	8 - 9	Beginner
Juvenile Two	10 - 11	Beginner, Novice
Junior One	12 - 14	Beginner, Novice, Intermediate
Junior Two	15 - 17	Beginner, Novice, Intermediate, Advanced
Senior	18 and over	Beginner, Novice, Intermediate, Advanced
Paratwirl - Learning Disability Under 13	0 - 12	Beginner
Paratwirl - Learning Disability Over 13	13 and over	Beginner
Paratwirl - Physical Disability Under 13	0 - 12	Beginner
Paratwirl - Physical Disability Over 13	13 and over	Beginner
<b>Individual Event - Two Baton</b>		
<b>SECTION</b>	<b>AGE</b>	<b>LEVEL</b>
Juvenile One	8 - 9	Beginner
Juvenile Two	10 - 11	Beginner, Novice
Junior One	12 - 14	Beginner, Novice, Intermediate
Junior Two	15 - 17	Beginner, Novice, Intermediate, Advanced
Senior	18 and over	Beginner, Novice, Intermediate, Advanced
<b>Individual Event - Duo</b>		
<b>SECTION</b>	<b>AGE</b>	<b>LEVEL</b>
Tiny Tots	0 - 7	Beginner
Juvenile One	8 - 9	Beginner
Juvenile Two	10 - 11	Beginner/Novice
Junior One	12 - 14	Beginner/Novice & Intermediate
Junior Two	15 - 17	Beginner/Novice & Intermediate/Advanced
Senior	18 and over	Beginner/Novice & Intermediate/Advanced
<b>Individual Event - Poise</b>		
<b>SECTION</b>	<b>AGE</b>	<b>LEVEL</b>
Micro Tots	0 - 5	Open
Tiny Tots	6 - 7	Open
Juvenile One	8 - 9	Pre-Beginner, Open
Juvenile Two	10 - 11	Pre-Beginner, Open
Junior One	12 - 14	Pre-Beginner, Open
Junior Two	15 - 17	Open
Senior	18 and over	Open
Paratwirl - Learning Disability Under 13	0 - 12	Open
Paratwirl - Learning Disability Over 13	13 and over	Open
Paratwirl - Physical Disability Under 13	0 - 12	Open
Paratwirl - Physical Disability Over 13	13 and over	Open
<b>Individual Event – Artistic Twirl</b>		
<b>SECTION</b>	<b>AGE</b>	<b>LEVEL</b>
Juvenile	Up to 11 yrs	Level B, Level A, Elite (Domestic competitions only)
Junior 1	12 - 14	Level B, Level A, Elite
Junior 2	15 - 17	Level B, Level A, Elite
Senior	18 +	Level B, Level A, Elite



Individual Event – Artistic Pair		
SECTION	AGE	LEVEL
Juvenile	Up to 11 yrs	Level B, Level A, Elite (Domestic competitions only)
Junior	12 - 17	Level B, Level A, Elite
Senior	18 +	Level B, Level A, Elite

Freestyle Team & Group at National Team Championships			
Division 3	Up to 12 yrs	Novice & Open	Team and Group
Division 2	12.1 – 16	Novice & Open	Team and Group
Division 1	16.1 and over	Novice & Open	Team and Group
Dance Team			
Pre-Juvenile	Up to 8 yrs	Beginner	
Juvenile	8.1 – 12	Beginner & Novice	
Junior	12.1 – 16	Beginner, Novice & Open	
Senior	16.1 and over	Beginner, Novice & Open	
Twirl Challenge			
Tiny Tots / Juvenile	Up to 11 yrs	Beginner/ Novice	Solo Twirl, Fancy, 2 Baton, Duo
Junior	12 – 17	Beginner/ Novice, Intermediate / Advanced	Solo Twirl, Fancy, 2 Baton, Duo
Senior	18 and over	Beginner/ Novice, Intermediate / Advanced	Solo Twirl, Fancy, 2 Baton, Duo
Three Baton			
SECTION	AGE	LEVEL	
Junior 1	12 – 14	Intermediate/Advanced	
Junior 2	15 – 17	Intermediate/Advanced	
Senior	18 and over	Intermediate/Advanced	
Pom Pom Team & Group			
Pre-Juvenile	Up to 8 yrs		Team and Group
Juvenile	8.1 – 12		Team and Group
Junior	12.1 – 16		Team and Group
Senior	16.1 and over		Team and Group
British Open			
<b>Tiny Tots</b>	<b>Up to 7</b>	<b>Level C</b>	<b>Freestyle Solo</b>
Juvenile	8 to 11	Level C, B	Freestyle Solo
<b>Youth</b>	<b>12 – 14</b>	<b>Level C, B</b>	<b>Freestyle Solo</b>
Junior	15 – 17	Levels C, B, A, Elite	Freestyle Solo
Senior	18+	Levels C, B, A, Elite	Freestyle Solo
Juvenile	Up to 11	Level C	Freestyle Pairs
Junior	12 – 17	Levels B, A	Freestyle Pairs
Senior	18+	Levels B, A	Freestyle Pairs
Juvenile	Up to 11.9	Open	Freestyle Team and Group
Junior	12 – 17.9	Open	Freestyle Team and Group
Senior	18+	Open	Freestyle Team and Group
European Cup			
Juvenile Women	9 - 11 yrs	A, B, Elite	Solo Twirl, 2 Baton
Junior 1 Women	12 - 14 yrs	A, B, Elite	Solo Twirl, 2 Baton, Artistic Twirl, Artistic Pair
Junior 2 Women	15 - 17 yrs	A, B, Elite	Solo Twirl, 2 Baton, Artistic Twirl, Artistic Pair
Junior Men	12 - 17 yrs	A, B, Elite	Solo Twirl, 2 Baton, Artistic

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			Twirl, Artistic Pair
Senior Women	18 – 21 yrs	A, B, Elite	Solo Twirl, 2 Baton, Artistic Twirl, Artistic Pair
Senior Men	18yrs & over	A, B, Elite	Solo Twirl, 2 Baton, Artistic Twirl, Artistic Pair
Adult Women	22yrs & over	A, B, Elite	Solo Twirl, 2 Baton, Artistic Twirl, Artistic Pair
Junior	12 to 17 yrs	A, B, Elite	3 Baton
Senior	18 – 21 yrs	A, B, Elite	3 Baton
Adult	22yrs & over	A, B, Elite	3 Baton
Junior Women	12 to 17 yrs	A, B, Elite	Freestyle Solo
Junior Men	12 to 17 yrs	A, B, Elite	Freestyle Solo
Senior Women	18 yrs & over	A, B, Elite	Freestyle Solo
Senior Men	18 yrs & over	A, B, Elite	Freestyle Solo
Junior	8 to 16 yrs		Team, Group
Senior	16.1 or more		Team, Group
<b>International Cup</b>			
Junior 1 Women	12 - 14 yrs	A, B, Elite	Solo Twirl, 2 Baton, Artistic Twirl, Artistic Pair
Junior 2 Women	15 - 17 yrs	A, B, Elite	Solo Twirl, 2 Baton, Artistic Twirl, Artistic Pair
Junior Men	12 - 17 yrs	A, B, Elite	Solo Twirl, 2 Baton, Artistic Twirl, Artistic Pair
Senior Women	18 – 21 yrs	A, B, Elite	Solo Twirl, 2 Baton, Artistic Twirl, Artistic Pair
Senior Men	18yrs & over	A, B, Elite	Solo Twirl, 2 Baton, Artistic Twirl, Artistic Pair
Adult Women	22yrs & over	A, B, Elite	Solo Twirl, 2 Baton, Artistic Twirl, Artistic Pair
Junior	12 to 17 yrs	A, B, Elite	3 Baton
Senior	18 – 21 yrs	A, B, Elite	3 Baton
Adult	22yrs & over	A, B, Elite	3 Baton
Team	No Age Limits	Level A and Level B	
Group	No Age Limits	Level A and Level B	
<b>European &amp; Worlds</b>			
Junior	12 to 17 yrs		Freestyle Solo, Freestyle Pairs
Senior	18 or more		Freestyle Solo. Freestyle Pairs



## 6 PENALTIES

Sliding Scale Penalty for Baton Drops			
Individual Events		Team Events	
1 to 3 drops	0.5 penalty point per drop	1 to 6 drops	0.5 penalty point per drop
4 to 5 drops	1.0 penalty point per drop	7 to 10 drops	1.0 penalty point per drop
6+ drops	1.0 penalty point per drop plus 10 further penalty points	11+ drops	1.0 penalty point per drop plus 10 further penalty points

Paratwirl drop penalty - 0.5 penalty per drop with no sliding scale

Specific Penalties per event		
Event	Infringement	Penalty
Basic Strut	Out of step	1.0 Point
	Personal Appearance	0.5 - 5.0 depending on severity
Solo Twirl	Over/Under Time	0.1 per second
	Personal Appearance	0.5 - 5.0 depending on severity
	Exceeding Material	5.0 points
Two Baton	Over/Under Time	0.1 per second
	Personal Appearance	0.5 - 5.0 depending on severity
	Exceeding Material	5.0 points
Solo Dance Twirl	Personal Appearance	0.5 - 5.0 depending on severity
	Exceeding Material	5.0 points
Fancy Strut	Retracting steps	1 - 2 points depending on severity
	Personal Appearance	0.5 - 5.0 depending on severity
	Static displays	1 - 2 points depending on severity
	Exceeding Material	5.0 points
	Exceeding performance area	10 points (Except Tiny Tots)
Poise	Overtime first 5 seconds	0.1 per second
	Overtime 6 seconds and over	0.1 per second plus a further 10 point penalty
	Paratwirl overtime	0.1 per second, no additional penalty
	Personal Appearance	0.5 - 5.0 depending on severity
	Twirling in elimination round.	Lowers the score by 1 range
	Twirling in final round	5.0 points

Event	Infringement	Penalty
Duo	Over/Under Time	0.1 per second
	Personal Appearance	0.5 - 5.0 depending on severity



# BRITISH BATON TWIRLING SPORTS ASSOCIATION

FOUNDER: AUDREY O'NEILL MBE

PRESIDENT: JOAN FISHER



	Exceeding Material	5.0 points
Three Baton	Over/Under Time	0.1 per second
	Personal Appearance	0.5 - 5.0 depending on severity
Team Event	Over/Under Time	5 points
	Personal Appearance	0.5 - 5.0 depending on severity
Club Event	Over /Under Time twirl or dance section	5 points each
	Exceeding accessory material/ exceeding maximum number of exchanges	5 points each infringement
	Personal Appearance	0.5 - 5.0 depending on severity
Twirl Challenge Team Event	Penalties are as per current rules for each event.	
Novelty	Over Time	5 points
	Personal Appearance	0.5 - 5.0 depending on severity
Freestyle Team or Group	Over/Under Time	5 points
	Personal Appearance	0.5 - 5.0 depending on severity
Pom Pom Team Event	Over/Under Time	5 points
	Personal Appearance	0.5 - 5.0 depending on severity
	Aerials and Exchanges or gymnastic move	5 points each infringement
	Lifting another athlete	5 points each infringement
	Pom Pom not in full hand grip	5 points each infringement
<b>British Open Level C</b>	<b>Exceeding material (per infraction)</b>	<b>5.0 points</b>
<b>British Open Level A and B</b>	<b>Exceeding material (per infraction)</b>	<b>0.5 points</b>
British Open Individual Freestyle Level C	Deduction per drop from the combined average score	2.0 points
British Open Individual Freestyle Level A and B	Deduction per drop from the combined average score	0.2 points
British Open Individual Freestyle Elite	As per current WBTF Rules	WBTF Penalty
British Open Freestyle Pair and Teams	Deduction per drop from the final combined score	1.0 points



## 7 SOLO TWIRL EVENT

### 7.1 DEFINITION OF EVENT –

- 7.1.1 Solo is the Twirling performance by one person using one standard baton. It involves twirling in vertical and horizontal patterns in left and right hands and in continual flowing motion whilst demonstrating a variety of twirls.
- 7.1.2 The event is split into beginner, novice, intermediate and advance sections for the purpose of allowing athletes to compete in the section most suited to their overall twirling ability.
- 7.1.3 When a limitation of an amount is set, it does not mean that the move cannot be repeated elsewhere in the programme.
- 7.1.4 Gymnastic moves - illusions have always been mentioned outside the category of gymnastics but for the purpose of the solo format and in any other new documentation, we will now incorporate the illusion into the “family” of gymnastics.
- 7.1.5 Contact/Connecting Material - No limitation except those within the format appertaining to each level. There should be a natural progression of difficulty through speed, variety and structure.
- 7.1.6 Athletes must be entered into the correct section. This is in their own interest. Emphasis is good clean technique throughout.
- 7.1.7 The material within the routine should not exceed that which is laid down for each section.

### 7.2 SOLO TWIRL TIMING

- 7.2.1 Timing commences from the first movement after the opening pose and finishes with the closing pose.
- 7.2.2 The athletes chosen pose or salute should be held for 2 counts.
- 7.2.3 Athletes should perform their routine within the allotted time. (see section 4)
- 7.2.4 Athletes to perform to the Current BBTSA Official solo twirl music.

### 7.3 SOLO TWIRL FORMAT – PRE-BEGINNER

The pre-beginner section is designed to allow athletes just starting out on their twirling journey to experience competition without the pressure of including material that may be beyond their capabilities at this stage. This allows them a chance to develop performance skills before heading to a National event. For this reason we want to see good handling technique demonstrated through use of full hand material such as wrist twirls, figure 8's, loops, swings and rolls in isolation. We do not expect to see flips, tosses or aerials, or any gymnastics (including illusions) at this level.

#### 7.3.1 RELEASES

- 7.3.1.1 Basic releases and receptions, emphasis should be on full hand material performed with correct technique.

#### 7.3.2 ROLLS

- 7.3.2.1 All basic rolls - We expect to see basic rolls used in isolation.

#### 7.3.3 GYMNASTICS

- 7.3.3.1 No gymnastics allowed.

#### 7.3.4 CONTACT/CONNECTING MATERIAL

- 7.3.4.1 Full hand material only.

### 7.4 SOLO TWIRL FORMAT – BEGINNER

#### 7.4.1 AERIAL WITH A SPIN

- 7.4.1.1 Maximum 1 spin may be executed - any release, any reception. Body may turn for the reception but must not complete another revolution.

#### 7.4.2 ROLLS

- 7.4.2.1 All basic rolls - We expect to see basic rolls combined (hand, wrist, elbow, shoulder, leg, neck and long arm roll). There can be any number of rolls used within the combinations reflecting a balanced development for level.

#### 7.4.3 GYMNASTICS

- 7.4.3.1 Gymnastics can only be used as a **follow through** or within full hand contact material (for example, finger twirls, loops, lobs).



## 7.4.4 CONTACT/CONNECTING MATERIAL

7.4.4.1 No limitations but a natural progression of difficulty within the levels, through chosen material, speed and structure.

## 7.5 SOLO TWIRL FORMAT – NOVICE

### 7.5.1 AERIAL WITH SPIN

7.5.1.1 Maximum 2 spins may be executed - any release, any reception. Body may turn for the reception but must not complete another revolution.

### 7.5.2 ROLLS

7.5.2.1 Rolls - We expect to see a progression from beginner level in combinations. There can be any number of rolls used within the combinations reflecting a balanced development for level.

### 7.5.3 GYMNASTICS

7.5.3.1 Gymnastics and illusions can be used as **follow through**, they cannot be made under an aerial but can be used with contact / connections.

### 7.5.4 CONTACT/CONNECTING MATERIAL

7.5.4.1 No limitations but a natural progression of difficulty within the levels is expected through speed, variety and structure.

## 7.6 SOLO TWIRL FORMAT – INTERMEDIATE

### 7.6.1 AERIAL WITH SPIN

7.6.1.1 Maximum 3 spins may be executed - any release, any reception. Body may turn for the reception but must not complete another revolution.

### 7.6.2 ROLLS

7.6.2.1 NO restrictions.

### 7.6.3 GYMNASTICS

7.6.3.1 One Gymnastic move only may be performed under an aerial.

7.6.3.2 No other movement incorporated. Body may turn for the reception but must not complete another revolution.

### 7.6.4 CONTACT/CONNECTING MATERIAL

7.6.4.1 No limitations but a natural progression of difficulty within the levels is expected through speed, variety and structure.

## 7.7 SOLO TWIRL FORMAT – ADVANCE

7.7.1 There is no limitation in the use of material.



## 8 TWO BATON EVENT

### 8.1 DEFINITION OF EVENT

- 8.1.1 Two baton twirling is the continuous and simultaneous manipulation of two batons by one person. It combines the technique and skills of one baton twirling with moves that require a mastery of timing, co-ordination, concentration, control, dexterity and pattern/plane treatment
- 8.1.2 Both batons should keep moving (no penalty for stopping one baton while retrieving the other).
- 8.1.3 Order of performance and penalties as for one baton Solo event, except drop penalties are called on each baton separately.
- 8.1.4 The main objective of two baton twirling is to use two baton material throughout the routine.
- 8.1.5 All captions adjudicated in relation to the two baton concept.

### 8.2 RESTRICTIONS

- 8.2.1 Beginner two baton – As per Solo Twirl
  - 8.2.1.1 Maximum 1 spin may be executed - any release, any reception. Body may turn for the reception but must not complete another revolution.
  - 8.2.1.2 All basic rolls - We expect to see basic rolls combined (hand, wrist, elbow, shoulder, leg, neck and long arm roll). There can be any number of rolls used within the combinations reflecting a balanced development for level.
  - 8.2.1.3 Gymnastics can only be used as a **follow through** or within full hand contact material (for example, finger twirls, loops, lobs).
  - 8.2.1.4 No limitations of connecting material but a natural progression of difficulty within the levels, through chosen material, speed and structure.
- 8.2.2 Novice two baton – As per Solo Twirl
  - 8.2.2.1 Maximum 2 spins may be executed - any release, any reception. Body may turn for the reception but must not complete another revolution.
  - 8.2.2.2 Rolls - We expect to see a progression from beginner level in combinations. There can be any number of rolls used within the combinations reflecting a balanced development for level.
  - 8.2.2.3 Gymnastics and illusions can be used as **follow through**, they cannot be made under an aerial but can be used with contact / connections.
  - 8.2.2.4 No limitations of contact / connecting material but a natural progression of difficulty within the levels, through chosen material, speed and structure.
- 8.2.3 Intermediate two baton – As per Solo Twirl
  - 8.2.3.1 Maximum 3 spins may be executed - any release, any reception. Body may turn for the reception but must not complete another revolution.
  - 8.2.3.2 Rolls - NO restrictions.
  - 8.2.3.3 One Gymnastic move only may be performed under an aerial. No other movement incorporated. Body may turn for the reception but must not complete another revolution.
  - 8.2.3.4 No limitations of contact / connecting material but a natural progression of difficulty within the levels, through chosen material, speed and structure.
- 8.2.4 Advanced two baton – No restrictions.



## 9 SOLO DANCE TWIRL EVENT

### 9.1 DEFINITION OF EVENT

9.1.1 Dance Twirl Solo is a variety of dance and baton combinations that are choreographed to the current BBTSA Dance Twirl Music. Emphasis is on dance and baton combinations that are executed with proper technique and that maintain maximum performance skills throughout the routine. Dance Twirl draws on all dance forms that are appropriate to the music. It is the visual interpretation through the combined use of baton and body.

### 9.2 AGE GROUPS/DIVISIONS

9.2.1 These age / divisions to perform to the current Junior Dance Twirl Music.

9.2.1.1 Micro Tots, Tiny Tots, Juvenile One, Juvenile Two, Junior One and Paratwirl under 13

9.2.2 These age / divisions to perform to the current Senior Dance Twirl Music.

9.2.2.1 Junior Two, Senior and Paratwirl over 13

### 9.3 MUSIC

9.3.1 Every note of music should be used - non use of all music will be taken into consideration when scoring. Judging ceases at the last note. Timing begins from the first note of music to the last note.

### 9.4 AERIAL CRITERIA FOR SOLO DANCE TWIRL.

#### 9.4.1 DANCE TWIRL BEGINNER

9.4.1.1 RESTRICTIONS: - Maximum, 1 chaine turn or a single pirouette may be performed under an aerial - any release, any reception. The body may turn for the reception but must not complete another revolution. Gymnastics can only be used as a **follow through** and with full hand contact material (for example, finger twirls, loops, etc).

#### 9.4.2 DANCE TWIRL NOVICE

9.4.2.1 RESTRICTIONS: - Maximum, 2 single chaine turns or a double pirouette may be performed under an aerial - any release or reception. The body may turn for the reception but must not complete another revolution. Gymnastics and illusions can be used as **follow through**, they cannot be made under an aerial but can be used with contact / connections.

#### 9.4.3 DANCE TWIRL INTERMEDIATE

9.4.3.1 RESTRICTIONS: - Maximum, or 3 single chain turns or a triple pirouette may be performed under an aerial - any release or reception. Body may turn for the reception but must not complete another revolution. There may be one other dance element – this must not be a gymnastic move.

9.4.3.2 Maximum of 1 gymnastic move may be performed under an aerial – any release or reception body may turn for the reception but must not complete another revolution.

9.4.3.3 There may be one other dance element. This must not be a spin, turn or pirouette.

#### 9.4.4 ADVANCED

9.4.4.1 No Restrictions



## 10 BASIC STRUT

### 10.1 RULES OF EVENT

- 10.1.1 Basic Strut is a military march in forward motion performed to a continuous marching beat.
- 10.1.2 Emphasis is on correct technique throughout. Performance is not required nor judged.
- 10.1.3 Elimination rounds will take place determined by number of entries within each individual age group.
- 10.1.4 All age groups will perform a square in anti - clockwise direction for both elimination and final round. 8 counts on each side of the square (32 counts in total). Corners down to own discretion.
- 10.1.5 Finalists will be determined from the elimination rounds.
- 10.1.6 Music will be a continuous marching beat of 120 BPM; athletes must be in step with the music so the left foot hits the heavy beat of the music.

### 10.2 AGE GROUPS

- 10.2.1 Micro Tots
- 10.2.2 Tiny Tots
- 10.2.3 Juvenile One
- 10.2.4 Juvenile Two
- 10.2.5 Junior One
- 10.2.6 Junior Two
- 10.2.7 Senior

### 10.3 DEFINITION OF BASIC STRUT

- 10.3.1 HEAD, must be held in an upright position. Eyes must be facing front at all times. Chin Horizontal to the floor.
- 10.3.2 NECK elongated and core pulled in.
- 10.3.3 TORSO, Shoulders and hips Square, Shoulders down and pulled back. Diaphragm and ribs raised. Upper body movement must be minimal. Bottom tucked under. Back straight with no arch in back or leaning forward.
- 10.3.4 ARMS, must be raised in front of body to shoulder level. Arms to swing back to natural position and must not stop at the side. Arms swing in opposition to legs.
- 10.3.5 HANDS, Two variations: -
  - 10.3.5.1 Fist clenched – preferred option as this aids straight arm.
  - 10.3.5.2 Fingers straight
- 10.3.6 LEGS, must be raised to a right angle in front of the body. Hip and knee must be in line, as are knee and toes. When placing foot to floor extend foot forward, placing your toe first followed by the ball of the foot & then the heel. Kicking the lower leg forward and out of line with the knee is not correct technique.
- 10.3.7 TOES, Must be extended and in a straight line from knee to toe, while leg is raised at a right angle position.
- 10.3.8 BATON, Must be held like a pencil - thumb to ball. Tip resting upon upper arm, baton arm must be held straight.
- 10.3.9 CORNERS are free choice



## 11 FANCY STRUT

### 11.1 DEFINITION OF EVENT

- 11.1.1 Fancy strut is a combination of body and baton moves performed within the chosen style of the athlete, in a forward motion. The routine must be constructed in a logical manner. Strong technique is required of both body and baton and the aesthetic aspect should be considered.
- 11.1.2 Fancy strut must be performed in the shape of a TEEPEE in order to obtain the most effective staging. The viewers are then able to see all angles of the body and the choreographer can, therefore, become more inventive and original and consequently create a uniqueness that would enhance the performer/athlete.
- 11.1.3 The maximum performance area allowed will be one badminton court (dimensions 13.4m x 6.1m)
- 11.1.4 Stationary complexes must be avoided.
- 11.1.5 All twirl modes are not necessarily required although an evenly balanced routine should be performed. Sureness, cleanness and clearness are essential as all of these are appealing to the eye. Remember quality rather than quantity. A gradual progression to the more difficult material is much safer, also prevents unnecessary injury, than hard material being performed but with bad technique of both body and baton.

### 11.2 ELIMINATION ROUND

- 11.2.1 Elimination rounds will take place determined by amount of entries within each individual age group. Athletes will perform in the shape of a teepee for elimination rounds and for finals.

### 11.3 ENTRY LEVELS/PROGRESSION

- 11.3.1 In the 1st year of competition athletes will enter at the level they compete at in Dance twirl. If they do not do Dance twirl then they enter at their solo level. Thereafter, athlete's progression will take the same format as dance twirl / solo sections.

### 11.4 AERIAL CRITERIA.

#### 11.4.1 BEGINNER

- 11.4.1.1 RESTRICTIONS: - Maximum, 1 chaine turn or a single pirouette may be performed under an aerial - any release, any reception. The body may turn for the reception but must not complete another revolution. Gymnastics can only be used as a **follow through** and with full hand contact material (for example, finger twirls, loops, etc).

#### 11.4.2 NOVICE

- 11.4.2.1 RESTRICTIONS: - Maximum, 2 single chaine turns or a double pirouette may be performed under an aerial - any release or reception. The body may turn for the reception but must not complete another revolution. Gymnastics can only be used as a **follow through** and with full hand contact material (for example, finger twirls, loops, etc).

#### 11.4.3 INTERMEDIATE

- 11.4.3.1 RESTRICTIONS: - Maximum, or 3 single chain turns or a triple pirouette may be performed under an aerial - any release or reception. Body may turn for the reception but must not complete another revolution.
- 11.4.3.2 There may be one other dance element – this must not be a gymnastic move.
- 11.4.3.3 Maximum of 1 gymnastic move may be performed under an aerial – any release or reception body may turn for the reception but must not complete another revolution.
- 11.4.3.4 There may be one other dance element. This must not be a spin, turn or pirouette.

#### 11.4.4 ADVANCED

- 11.4.4.1 No Restrictions



## 12 POISE

### 12.1 DEFINITION OF EVENT

- 12.1.1 This section has been designed to establish the correct body technique, strength and flexibility of the athlete and to allow the performance of a variety of movement without the restriction of twirl. It will also promote grace, posture, flow of movement and the utilisation of space.
- 12.1.2 One standard baton to be used but not twirled. Each movement of the Baton must be at less than 360° (thus must not equal one full revolution).
- 12.1.3 The variety and difficulty of the movements should coincide with the development of the athlete.
- 12.1.4 The performance should be choreographed to show a balance of types of movement, showing good lines through use of head, arms, body and legs, developing the movements and logically utilising the space.
- 12.1.5 The performance should create an aesthetic display through both its presentation of mood, feeling and technical excellence.
- 12.1.6 Timing commences from opening movement to closing position, (maximum 40 seconds).

### 12.2 ELIMINATION ROUNDS

- 12.2.1 Athletes may perform elimination rounds in groups determined by the amount of entries. Athletes may line up at the back of the arena and step forward in turn to perform, or come on to the floor one at a time. Finalists will be determined from the elimination rounds and score sheets will be used for final placing.

### 12.3 POISE PRE-BEGINNER

No Restrictions





## 13 DUO EVENT

### 13.1 DEFINITION OF EVENT

- 13.1.1 Duo is a twirling performance by two persons each with one standard baton. The focus of the performance is on the synchronisation of the 2 athletes, performing as one with the same style, technique and ability level. The duo should be choreographed with all the twirling modes expected in solo twirl, but with the addition of exchanges, transitions and formations. Interaction between the duo is acceptable and can add interest to the overall visual effect, but it must be remembered that the emphasis of duo is on the “synchronised twirling” and exchanges technique and presentation skills should be maintained to the highest degree. The athletes should perform a clean, clear and flawless programme in harmony with each other throughout. The essence of duo is TEAMWORK both in content and execution.
- 13.1.2 Use Solo Twirl and Dance Twirl Criteria for definitions and restrictions for Beginner, Novice & Intermediate.

### 13.2 RESTRICTIONS

- 13.2.1 All duos must perform in the section of both the eldest athlete and the highest ability level athlete (based on Solo Twirl and Dance Twirl).
- 13.2.2 A substitute may be used if an athlete leaves the sport providing the athletes' membership card or a declaration is presented as proof.
- 13.2.3 Tiny Tots and Juvenile 1 Beginner Duo has the following restrictions:
- 13.2.3.1 Maximum 1 spin may be executed - any release, any reception. Body may turn for the reception but must not complete another revolution.
- 13.2.3.2 All basic rolls - We expect to see basic rolls combined (hand, wrist, elbow, shoulder, leg, neck and long arm roll). There can be any number of rolls used within the combinations reflecting a balanced development for level.
- 13.2.3.3 Gymnastics can only be used as a **follow through** or within full hand contact material (for example, finger twirls, loops, lobs).
- 13.2.3.4 No limitations of contact / connecting material but a natural progression of difficulty within the levels, through chosen material, speed and structure.
- 13.2.4 Beginner / Novice Duo has the following restrictions:
- 13.2.4.1 Maximum 2 spins may be executed - any release, any reception. Body may turn for the reception but must not complete another revolution.
- 13.2.4.2 Rolls - We expect to see a progression from beginner level in combinations. There can be any number of rolls used within the combinations reflecting a balanced development for level.
- 13.2.4.3 Gymnastics and illusions can be used as **follow through**, they cannot be made under an aerial but can be used with contact / connections.
- 13.2.4.4 No limitations of contact / connecting material but a natural progression of difficulty within the levels, through chosen material, speed and structure.
- 13.2.5 Intermediate Duo (Junior 1 only) has the following restrictions:
- 13.2.5.1 Maximum 3 spins may be executed - any release, any reception. Body may turn for the reception but must not complete another revolution.
- 13.2.5.2 Rolls - NO restrictions.
- 13.2.5.3 One Gymnastic move only may be performed under an aerial. No other movement incorporated. Body may turn for the reception but must not complete another revolution.
- 13.2.5.4 No limitations of contact / connecting material but a natural progression of difficulty within the levels, through chosen material, speed and structure.
- 13.2.6 Intermediate/Advanced Duo there are no restrictions.



## 14 THREE BATON EVENT

### 14.1 DEFINITION OF EVENT

- 14.1.1 Three baton twirling is the continuous and simultaneous manipulation of three batons by one person. It combines the technique and skills of one and two baton twirling with moves that require a mastery of timing, co-ordination, concentration, control, dexterity and pattern/plane treatment
- 14.1.2 All batons should keep moving (no penalty for stopping one baton while retrieving the other).
- 14.1.3 Order of performance and penalties as for one baton Solo event, except drop penalties are called on each baton separately.
- 14.1.4 The main objective of three baton twirling is to use three baton material throughout the routine.
- 14.1.5 All captions adjudicated in relation to the three baton concept.
- 14.1.6 Ability levels are Junior, Senior and Adult at either Intermediate or Advanced

### 14.2 RESTRICTIONS

- 14.2.1 Intermediate Three Baton – As per Two Baton
  - 14.2.1.1 Maximum 3 spins may be executed - any release, any reception. Body may turn for the reception but must not complete another revolution.
  - 14.2.1.2 Rolls - NO restrictions.
  - 14.2.1.3 One Gymnastic move only may be performed under an aerial. No other movement incorporated. Body may turn for the reception but must not complete another revolution.
  - 14.2.1.4 No limitations of contact / connecting material but a natural progression of difficulty within the levels, through chosen material, speed and structure.
- 14.2.2 Advanced Three Baton – No restrictions.



## 15 PARATWIRL EVENT

### 15.1 QUALIFICATION

- 15.1.1 To qualify in the Equality and Diversity classes, the athletes must have a letter of diagnosis or statement of special educational needs – these must be in writing by a health professional/paediatrician

### 15.2 DEFINITION

- 15.2.1 Learning Disability - a significantly reduced ability to understand new/complex information or to learn new skills, along with a reduced ability to cope in social situations independently.
- 15.2.2 Physical Disability – a physical disability which impedes an athlete's ability to move or walk in a coordinated way, this also may affect one or more limb. The athlete may require an aid which allows them to move independently

### 15.3 EVENTS

- 15.3.1 Solo Twirl, Dance Twirl, Basic Strut and Poise and Personality.  
(The athlete may not compete in the standard class for any event not available in the equality and diversity programme with the exception of team/group events)

### 15.4 RESTRICTIONS

- 15.4.1 All BBTSA General Competition Rules/timings apply as per the current Rule Book with the exception of those listed below:
- 15.4.1.1 As per Beginner for Solo Twirl and Dance Twirl
- 15.4.1.2 Paratwirl Under 13 will perform to the Junior Dance Music
- 15.4.1.3 Paratwirl Over 13 will perform to the Senior Dance Music
- 15.4.1.4 GYMNASTICS are not permitted in any of the Para Twirl Classes.



## 16 DANCE TEAM EVENT

### 16.1 DEFINITION OF EVENT

- 16.1.1 A dance team is a group whose entire performance is accompanied by recorded music of their own preference. The routine should incorporate dance steps or a series correlated with the music, utilising the beauty of leg and footwork, body and baton, free arm and head. It must take into consideration the floor design and combination of baton and material. It should include highs and lows, changes of pace and demonstrate an interrelation of all elements, baton, dance, individual members, and the team as one unit.
- 16.1.2 Emphasis for this event :- MUSICALITY, INTERPRETATIVE TWIRLING AND DANCE COMBINATIONS.
- 16.1.3 Minimum number of team members is 4 and maximum is 9.
- 16.1.4 Original application will apply. No changes will be made on the day.
- 16.1.5 No entrance or exit music allowed. Timing begins from the first note of music to last note. Salute is optional.



## 17 CLUB EVENT

### 17.1 GENERAL RULES

- 17.1.1 Two named reserves are permitted in Club Event, they MUST be named on entry forms.
- 17.1.2 Athletes to enter from judges left and exit judge's right.
- 17.1.3 Judges should be seated in an elevated central position.
- 17.1.4 Use one standard baton per member.
- 17.1.5 In the event of a music/costume failure the performance may be stopped. The athletes to re-compete immediately - judging to commence from the point of failure. Only one re-run is allowed unless the failure is due to the sound equipment.
- 17.1.6 Each club entering this event must use their own music which must be clearly marked with name and section. A club representative should be at music control during their performance.
- 17.1.7 Clubs must fill out an official time sheet stating timing of each section (Twirl, Dance) If there is an opening or closing section, plus overall performance time.
- 17.1.8 The club entering a team in this event should comprise of a minimum of 6 members.

### 17.2 DEFINITION OF EVENT

- 17.2.1 Twirl section must be performed first with definite cut in music followed by Dance section.
- 17.2.2 One overall award only

### 17.3 CRITERIA

#### 17.3.1 TWIRL

- 17.3.1.1 This section must include aeriels, rolls and contact material demonstrating a balanced variety of each with correct technique. Synchronise twirling section and exchanges are essential. 2 and 3 baton sections may be used. Split parts may be incorporated but not to the detriment of displaying the equality, unison and uniformity of the team. Transitions should show logical form development as well as utilisation of time and space. The material used should enhance the music.

#### 17.3.2 DANCE

- 17.3.2.1 This section must include a variety of dance work, choreographed to show excellent body and dance technique of all its members. It should show good musicality, use of highs and lows, good use of time and space, variety in formations, transitions, shapes, patterns and layering. The emphasis is on good overall body technique and extension, and the baton maybe used to add creativity, originality, and to compliment the body, but this is not a dance twirl, so dance work maybe isolated too. Use of the baton must conform to the accessory material rules, and a maximum of **3 exchanges** are allowed in this section. The athletes should show good expression, great performance skills and show clean, clear well rehearsed programme.



## 17.3.3 ACCESSORY MATERIAL DEFINITION

17.3.3.1 Those twirls in the contact material mode (flips\*, swings, wraps, full hand, fingers, and dead stick), Hand rolls, and other single element rolls\* will be allowed.

\* Definition of Vertical flip: will be any release (RH/LH) where the centre of the baton, at its greatest height, is never higher than an arm's length above the head OR a 1 revolution flip at any height.

\* Definition of Horizontal flip: when the baton (RH/LH) rotates no more than 1 ½ revolutions in a horizontal pattern in any plane.

\*Single element rolls: A single element roll is when the baton rolls on only one part of the body with one or less revolutions of the baton. No continuous or repetitive rolls apply.

Some examples of single element rolls are:

- arm roll
- hand roll
- leg roll
- elbow roll
- single elbow pop
- ½ angel roll
- ½ fishtail
- shoulder wrap [roll]
- waist wrap [roll]
- neck wrap [roll]

Some examples of rolls not allowed are:

- whole fishtails
- no full angel rolls



## 18 TWIRL CHALLENGE TEAM EVENT

### 18.1 DEFINITION OF EVENT

- 18.1.1 This event is for five athletes from one club or a composite team who will compete in 4 separate individual /duo events, to achieve the highest place possible in order to achieve the most “place points” for their team.
- 18.1.2 The events are Solo twirl, Two Baton, Fancy strut and Duo.
- 18.1.3 The team with the highest combined “place points score” for all events will be awarded the title of “Twirl challenge Champions

### 18.2 CRITERIA

- 18.2.1 The Twirl Challenge team will compete in the age group of the oldest athlete, and at the highest ability level that the athletes compete at individually
- 18.2.2 All current rules for each of these events will apply.
- 18.2.3 The current restrictions in each event will apply. The Beginner /Novice sections will assume the Novice criteria regulations. There will be no restrictions in intermediate and advanced sections.

### 18.3 COSTUMING

- 18.3.1 Moderate alterations to the costumes are acceptable, as not all types of costumes lend themselves to every event (Eg removal of skirt for solo and two baton events).
- 18.3.2 It must be clear to the judges by the costume which athletes are competing for the same team.

### 18.4 GENERAL RULES

- 18.4.1 There must be FIVE members competing in this event
- 18.4.2 Two named reserves may be part of the twirl challenge team. They MUST be named on the entry form.
- 18.4.3 There must be equal representation across all four events.
- 18.4.4 The team must compete in the same age/ ability level section for all events
- 18.4.5 Penalties are as per current rules for each event.
- 18.4.6 Scoring for each separate event will be judged and collated using the standard BBTSA process.
- 18.4.7 Once each separate event has been collated, place points and medals will be awarded for the top seven places, starting with seven points for 1st place and one point for 7th place. Place points will then be collated and the top three team's with the highest amount of place points will receive awards.



## 19 NOVELTY EVENT

### 19.1 DEFINITION OF EVENT

- 19.1.1 This is purely for fun Any music, props etc may be used. emphasis is on entertaining the judges and audience.  
Costumes must be within the bounds of decency appertaining to children and family entertainment.

### 19.2 AGE GROUPS

- 19.2.1 No age limit





## 20 FREESTYLE TEAM AND GROUP EVENT

### 20.1 DEFINITION OF EVENT

- 20.1.1 A variety of techniques and moves unique to baton twirling with choreographed expression of music. The body moves taken from a wide range of dance and gymnastics integrated with the 3 basic modes of twirling and exchanges. The moves conform to the structure of the music expressing mood and feeling being conveyed by it.
- 20.1.2 Regardless of rules and commonalities that exist there is a great deal of leeway for creativity and innovation. Formations and pictures present an entertaining visual with the compatibility of all elements. Creativity and characterisation is expected but not to the detriment of the twirling which should be its first and foremost consideration.
- 20.1.3 Open to all clubs.
- 20.1.4 Please indicate on entry form whether Novice or Open.
- 20.1.5 Two reserves are permitted and these must be named on entry.
- 20.1.6 Composite Teams/Groups are allowed at National Championships and British Open.
- 20.1.7 Original application will apply. No changes will be made on the day.
- 20.1.8 ENTRANCE - There will be 60 seconds to enter the floor. Timing starts when the first athlete crosses the boundary line and ends when the athletes are in position to start.
- 20.1.9 EXIT - There will be 30secs to leave the floor. Timing starts from the first intended movement after the final pose and ends when the last athlete exits over the boundary line.

### 20.2 RULES OF EVENT

- 20.2.1 Team to have minimum of 4 members to maximum of 9 (plus 2 reserves).
- 20.2.2 Group to have minimum of 10 members - no maximum (plus 2 reserves)
- 20.2.3 Judges should be seated in an elevated central position.
- 20.2.4 Teams/group to enter judges left and exit judge's right.
- 20.2.5 Only one standard baton per member to be used.
- 20.2.6 In the event of a music/costume failure the performance may be stopped and the team./group to re-compete immediately. Judging to commence from the point of failure. Only one re-run is allowed unless the failure is due to the sound equipment.



## 21 POM POM EVENT

### 21.1 DEFINITION OF EVENT

- 21.1.1 The entire performance is accompanied by a recording of music of their own choice. The routine should be designed to include a variety of manoeuvres and motion using dance and Pom Pom moves combined (march may be included) to create effective patterns, pictures and transitions. Utilising the entire floor space, whilst interpreting the music and entertaining the audience. Every movement should be created with relationship of all members, except when split/separate parts are necessary.
- 21.1.2 No gymnastics allowed other than illusions and butterflies.
- 21.1.3 Pom Pom/s not to leave the hand and should be in full handgrip throughout. No aerials or exchanges.
- 21.1.4 Main objective is to entertain judges and audience.
- 21.1.5 No moves permitted where your body weight is supported by your hands
- 21.1.6 No lifts permitted i.e. At no point should an Athlete support the body weight of another Athlete.

### 21.2 GENERAL RULES

- 21.2.1 Members may perform in only one Pom Pom Team or Group.
- 21.2.2 Pom Pom Team to consist of four to six athletes.
- 21.2.3 Pom Pom Group of seven or more.
- 21.2.4 Pom Poms only to be used. Minimum of one Pair per person.
- 21.2.5 Any costuming but no part of the midriff should be exposed. Skin coloured body stocking must be used for this effect. Costumes must be designed with decency in mind, remembering that this is part of a sport, predominantly for children and young adults.



## 22 BRITISH OPEN FREESTYLE CHAMPIONSHIP

### 22.1 EVENTS and DIVISIONS

#### 22.1.1 Freestyle Individual

22.1.1.1	Tiny Tots	Level C
22.1.1.2	Juvenile	Level C & B
22.1.1.3	Youth	Level B & C
22.1.1.4	Junior	Levels C, B, A & Elite
22.1.1.5	Senior	Levels C, B, A & Elite

#### 22.1.2 Freestyle Pair

22.1.2.1	Juvenile	Level B
22.1.2.2	Junior	Levels A, B
22.1.2.3	Senior	Levels A, B

#### 22.1.3 Freestyle Team

22.1.3.1	Juvenile	Open
22.1.3.2	Junior	Open
22.1.3.3	Senior	Open
22.1.3.4	International	Open

#### 22.1.4 Freestyle Group

22.1.4.1	Juvenile	Open
22.1.4.2	Junior	Open
22.1.4.3	Senior	Open

### 22.2 INDIVIDUAL FREESTYLE EVENT

#### 22.2.1 ELITE LEVEL

- 22.2.1.1 Any athlete selected and taking their place for World/European Championship in year of competition or in previous 2 years. Pre-Junior athletes will compete at Junior Elite Level.
- 22.2.1.2 Any athlete who has finished in the top ten of the European Cup competition in level A in the previous two years.
- 22.2.1.3 Any Junior athlete from Elite Level moving up to Senior section who has been selected to represent country in year of competition.
- 22.2.1.4 Any athlete who has been promoted from level A in previous years regardless of age division
- 22.2.1.5 Any athlete selected to represent their country in the World Championships in the year of competition or previous 2 years.

#### 22.2.2 LEVEL A

- 22.2.2.1 Any athlete who has been promoted from Level B in previous years regardless of age division
- 22.2.2.2 Junior Elite athlete moving up to Senior level who has not been selected to represent country in year of competition.
- 22.2.2.3 Any athlete who has finished in the top ten of the European Cup competition in level B in the previous 2 years.

#### 22.2.3 LEVEL B

- 22.2.3.1 Any athlete who has been promoted from Level C in previous years regardless of age division

#### 22.2.4 LEVEL C

- 22.2.4.1 Any athlete who has not been promoted to Level B in previous years. This level is intended for Beginner/Novice athletes only

#### 22.2.5 DIVISION AND LEVELS



DIVISION	LEVEL C	LEVEL B	LEVEL A	ELITE
<b>TINY TOTS</b>	<b>X</b>			
JUVENILE	X	<b>X</b>		
<b>YOUTH</b>	<b>X</b>	<b>X</b>		
JUNIOR	X	X	X	X
SENIOR	X	X	X	X

## 22.2.6 RESTRICTIONS

22.2.6.1 Please Refer to Freestyle Restrictions Chart.

## 22.2.7 PROGRESSION

22.2.7.1 Athletes may choose to compete in a higher level if they wish

22.2.7.2 Athletes promoted each year will move to the higher level regardless of age division

## 22.2.8 SCORING

22.2.8.1 Will be determined prior to competition by Technical Director.

## 22.2.9 RECALL NUMBERS

22.2.9.1 Recall numbers will be at the competition officer's discretion, but as a guide the following table should be used. (This applies to Individual, Pairs, Team or Groups)

PRELIMINARY ROUND	SEMI-FINAL ROUND	FINAL ROUND
0 – 6	-	0 – 6
7 – 20	-	6
21 – 30	15	8
31 – 45	20	10
46 – 60	30	12

## 22.2.10 GENERAL RULE

22.2.10.1 It should be noted that once an athlete has started on the scale of progression they cannot go back. (I.e. An athlete who is Elite Level and competes every year at Elite level but does not enter selections or represent their country in the current year or previous two years cannot move back down. They would require to be out of competition for preceding two years before being able to move down a level.)

## 22.3 PAIRS FREESTYLE EVENT

### 22.3.1 DIVISION AND LEVELS

DIVISION	LEVEL B	LEVEL A
JUVENILE	X	
JUNIOR	X	X
SENIOR	X	X



## 22.3.2 LEVELS

### 22.3.3 SELECTION OF ENTRY LEVEL

22.3.3.1 Athletes in a pair may choose their entry level where both members of the pair have not progressed up to a level as a pair. Once a level has been established, the pair must remain at that level unless one of the pair members changes. Progression through levels would remain as at present.

#### 22.3.3.2 LEVEL A

22.3.3.2.1 Pair same two athletes who have **represented** their Country at Elite Level in this event, in this year of competition or any previous years

22.3.3.2.2 Pair same two athletes who have been **selected** to represent their Country at Elite Level in this event in the year of competition or any previous years

22.3.3.2.3 Pair same two athletes who **entered** this event in any previous years at Level B and **gained 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place** (therefore promoted up to this level).

#### 22.3.3.3 LEVEL B

22.3.3.3.1 Pair same two athletes who have **not represented** their Country at Elite Level in this event, in this year of competition or any previous years

22.3.3.3.2 Pair same two athletes who entered this event in any previous years and who have not gained 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place (therefore promoted up to next Level (A)).

## 22.3.4 RESTRICTIONS

22.3.4.1 Level B pairs should follow level B WBTF restrictions and A pairs- no restrictions.

## 22.4 TEAM AND GROUP EVENTS

22.4.1 OPEN to ALL ages

## 22.5 DOCUMENTATION

22.5.1 All athletes will be issued with a participation pass

## 22.6 COSTUMING

22.6.1 Note: Current WBTF Elite rules apply (please bear in mind that this is a sport).

**22.6.2 Leotard/costume to be worn with bearing in mind this is a sporting event.**

### 22.6.3 FOOTWEAR AND LEG WEAR

22.6.3.1 Both Women and Men:

22.6.3.2 Sport shoes must be worn bearing in mind this is a sporting event

22.6.3.3 Ankle socks may be worn. If worn, must be above the ankle and below calf muscle.

22.6.3.4 Tights may be worn and must be of flesh colour only

### 22.6.4 HAIR

22.6.4.1 Must be secured by any method bearing in mind this is a sport. No hats are allowed

### 22.6.5 MAKE UP

22.6.5.1 Moderate stage make-up, to enhance natural facial features, may be worn bearing in mind this is a sporting event.

22.6.5.2 No ornamentation or paint is allowed.

### 22.6.6 ACCESSORIES

22.6.6.1 No jewellery except small stud earrings. Glasses may be worn.

22.6.6.2 No facial jewellery allowed.

22.6.6.3 Only a plain silver shaft baton can be used in domestic, National and International competition.

22.6.6.4 The use of grip tape is optional. Grip tape can cover up to ½ of the shaft, divided equally from the centre. Grip tape can be applied in solid, striped or spiral fashion. Tape can be of any colour(s). Inside a Pair, Team or Group, the grip tape must be the same.



## 22.7 ILLEGAL SUBSTANCES

- 22.7.1 No towels or other substances may be carried onto the competition floor
- 22.7.2 Powder/resin may be used but must be released before entering the competition floor
- 22.7.3 No accessory or substance may be on the baton

## 22.8 MUSIC

- 22.8.1 All music must be submitted to the Dropbox account designated by the BBTSA prior to the closing date of the competition
- 22.8.2 Versions of this music may be changed no later than 10 days before the competition, and must be notified to the Competition Director and Dropbox Co-ordinator
- 22.8.3 All athletes must have a back up in case of music failure. This must be available in the vicinity of the music desk prior to the athlete taking the floor.

## 22.9 INDIVIDUAL FREESTYLE

- 22.9.1 All Individual athletes must perform a Freestyle programme.

### 22.9.2 SCORES

- 22.9.2.1 After each solo freestyle programme the athlete must go to the designated area to receive their scores. Athlete's coach or representative may join them to view the scores, **if flash scores are being given**. Athletes will first receive a score for Technical Merit followed by a score for Artistic Expression.

## 22.10 FREESTYLE PAIRS

- 22.10.1 Each Pair shall consist of 2 members (male or female or mixed). One named reserve if desired. Reserves must not alter the original age group entered.

- 22.10.2 Each Pair must perform a Pairs Freestyle programme.

### 22.10.3 SCORES

- 22.10.3.1 After each pair's freestyle programme the athletes must go to the designated area to receive their score, **if flash scores are being given**. Athlete's coach or representative may join them to view the score. There will be one overall score received.

## 22.11 TEAM EVENT

- 22.11.1 A TEAM must consist of a minimum of 5 members and maximum of 9 members.

- 22.11.2 Two named reserves are permitted in Team for serious illness and injury or extraordinary reasons/situations only at the discretion of the competition Director. Reserves must not alter the original age group of entry.

- 22.11.3 Team must perform a Freestyle Team programme.

- 22.11.4 Team has 1 minute to take up their position on the competition floor, after it has been announced. No music allowed.

### 22.11.5 SCORES

- 22.11.5.1 Team athletes must go to designated area to receive overall score, **if flash scores are being given**. Team's coach or representative may join them to view score.

## 22.12 GROUP EVENT

- 22.12.1 A GROUP must consist of a minimum of 10 members (no maximum).

- 22.12.2 Two named reserves are permitted in Group for serious illness and injury or extraordinary reasons/situations only at the discretion of the competition Director. Reserves must not alter the original age group of entry.

- 22.12.3 Group must perform a Freestyle Group programme.

- 22.12.4 Group has 1 minute to take up their position on the competition floor, after it has been announced. No music allowed.

### 22.12.5 SCORES

- 22.12.5.1 Group athletes must go to designated area to receive overall score, **if flash scores are being given**. Group's coach or representative may join them to view score.



## 22.13 DISQUALIFICATION

- 22.13.1 Individual Freestyle: In the event that an athlete leaves the floor before the minimum time has been reached.
- 22.13.2 Pair: In the event that one of the athletes leaves the floor before the minimum time has been reached.
- 22.13.3 Team: In the event that an athlete from the Team leaves the floor before the minimum time has been reached making less than the minimum number of athletes required for that event.
- 22.13.4 Group: In the event that an athlete from the Group leaves the floor before the minimum time has been reached making less than the minimum number of athletes required for that event.

## 22.14 JUDGES SCORING SYSTEM – /WBTF Rules apply

### 22.14.1 Individual Freestyle

22.14.1.1 Individual scores for Technical Merit and Artistic Expression are recorded on the score-sheet or tablet. Scores may be flashed if required. Penalties will be deducted from score by tabulator after input and flashed.

### 22.14.2 Pairs

22.14.2.1 One score will be recorded.

### 22.14.3 Teams

22.14.4 One score will be recorded.

### 22.14.5 Groups

22.14.5.1 One score will be recorded.

## 22.15 TABULATION PROCESS

22.15.1 With the exception of Level C, all events are tabulated as WBTF process.



## 23 ENGLISH SELECTIONS FOR WORLD AND EUROPEAN CHAMPIONSHIPS

The rules outlined below are for guidance only – please also refer to the WBTF and rule books for the relevant competitions.

### 23.1 SELECTION RULES for European and World Championships

- 23.1.1 This section relates to English BBTSA athletes only.
- 23.1.2 BBTSA Scottish athletes should apply for rules and entry to the Scottish Association that they are affiliated to.
- 23.1.3 Any athlete that enters the English selections to gain experience can indicate this on their application. These athletes will not be considered for selection and this will not impact their level for the British Open
- 23.1.4 All athletes wishing to enter the English selections for the World or European Championships must have completed the following grades, I Gold, A Gold
- 23.1.5 All freestyles, individuals, pairs, teams and groups entering WBTF competitions must compete at the British Open.
- 23.1.6 All freestyle athletes wishing to be considered for Selections must compete at an Area freestyle competition.

### 23.2 EUROPE

- 23.2.1 Refer to current WBTF rules for the number of places available for selection. A copy of the WBTF rules are available on request from the National Competition Officer. Selection rules can be found at section 22 and 2.7.33.

### 23.3 WORLD WBTF

- 23.3.1 Refer to current WBTF rules for the number of places available for selection. A copy of the WBTF rules are available on request from the National Competition Officer. Selection rules can be found at section 22 and 2.7.33.

### 23.4 DOCUMENTATION

- 23.4.1 Selected athletes must provide an electronic passport photo to organiser
- 23.4.2 Selected athletes must submit all paperwork required by the WBTF for all International competitions electronically by the date specified by the organiser.
- 23.4.3 Copy of passports and medical form to be submitted to Competition Director of Selections by closing date.
  - 23.4.3.1 All athletes must submit a passport or birth certificate naming their place of birth.
  - 23.4.3.2 All athletes must submit their current BBTSA Membership card
  - 23.4.3.3 All athletes must submit 2 passport photos or 4 if entering both
- 23.4.4 Once selected the following documentation must be submitted
  - 23.4.5 For European Competition
    - 23.4.5.1 All athletes must have a passport in their own name.
    - 23.4.5.2 All athletes must have their Membership Card.
    - 23.4.5.3 Current Medical certificate stating fitness to participate.
    - 23.4.5.4 Photocopy of Passport (Photo page) per event
  - 23.4.6 For World Competition
    - 23.4.6.1 All athletes must have a passport in their own name plus visa if applicable.
    - 23.4.6.2 Current Medical certificate stating fitness to participate.
    - 23.4.6.3 Photocopy of Passport (Photo page) per event.

### 23.5 COSTUMING

- 23.5.1 For the purpose of our Selections, costume rules will be relaxed. However any athlete/pair/team/Group selected to represent their country will be notified of any costume infraction that may affect them at the actual Championships. Please bear in mind that this is a Sport.

### 23.6 ILLEGAL SUBSTANCES

- 23.6.1 The floor monitor will check all athletes as per WBTF rules and regulations. Any costume/makeup/equipment infractions will be noted and selected athletes will be advised accordingly.





- 23.6.2 No towels or other articles may be carried onto the competition floor.
- 23.6.3 Powder/Resin may be used but must be released before entering the competition floor.
- 23.6.4 No accessory or substance on the baton – tape may be used of one colour only.

## **23.7 MUSIC**

- 23.7.1 All music must be submitted to the Dropbox account designated by the BBTSA prior to the closing date of the competition.
- 23.7.2 Versions of this music may be changed no later than 10 days before the competition, and must be notified to the Competition Director and Dropbox Co-ordinator.
- 23.7.3 All athletes must have a back up in case of music failure. This must be available in the vicinity of the music desk prior to the athlete taking the floor.
- 23.7.4 All athletes will enter from the judge's left and exit to their right.
- 23.7.5 Music timing starts from the first sound including bleep if used.

## **23.8 SOLO FREESTYLE**

- 23.8.1 After each solo freestyle programme the athlete must go to the designated area to receive their score. The athlete's coach or representative may join them in order to view the scores.
- 23.8.2 Athletes will first receive a score for TECHNICAL MERIT followed by a score for ARTISTIC EXPRESSION.
- 23.8.3 There will be a preliminary round and a final round in each solo freestyle division/category. If there are 20 or more solo athletes competing in any one division a semi-final may be required.
- 23.8.4 All Junior European and World Championship Freestyle solo athletes must perform the set of short programme moves (to the current short programme music). These represent 25% of the total score. (A description of the short programme movements are available on request).
- 23.8.5 All Senior European and World Championship Freestyle solo athletes must perform the short programme (to the current short programme music). These represent 25% of the total score. (A description of the short programme requirements are available on request).

## **23.9 PAIRS (World and Europe)**

- 23.9.1 Each pair shall consist of 2 members (male, female or mixed). Named reserve if desired.
- 23.9.2 Each pair must perform a freestyle programme.
- 23.9.3 After each pair freestyle programme – the athletes must go to the designated area to receive their score. The athlete's coach or representative may join them to view the score.
- 23.9.4 There will be a preliminary round and final round in each pair category

## **23.10 TEAM EVENT (World and Europe)/GROUP EVENT (Europe)**

- 23.10.1 Team – Europe minimum of 5 members and a maximum of 9 members
- 23.10.2 Group – Europe minimum of 10 members with no maximum
- 23.10.3 Team – World minimum of 6 members and a maximum of 8 members
- 23.10.4 2 named reserves are permitted in team/group.
- 23.10.5 These reserves must be in attendance at the selections.
- 23.10.6 Team/group must perform a freestyle programme
- 23.10.7 Team/Group have 1 minute to take up their start position, after they have been announced, and the first athlete crosses over onto the competition floor (no music)
- 23.10.8 Team/Group has 30secs to leave the competition floor after their final position (no music)
- 23.10.9 Team/Group athletes must go to the designated area to receive their score.
- 23.10.10 The athletes coach or representative may join them to view the score
- 23.10.11 Team/Group will receive one overall degree of excellence score
- 23.10.12 There will be a preliminary round and a final round in each category

# BRITISH BATON TWIRLING SPORTS ASSOCIATION

FOUNDER: AUDREY O'NEILL MBE

PRESIDENT: JOAN FISHER





## 24 EUROPEAN CUP

### 24.1 SELECTION FOR THE EUROPEAN CUP

24.1.1 This section relates to English BBTSA athletes only.

24.1.2 BBTSA Scottish athletes should apply for rules and entry to the Scottish Association that they are affiliated to.

### 24.2 SOLO TWIRL/2 BATON/3 BATON

24.2.1 Selected members for the European Cup will include up to in each level:

Refer to current WBTF rules for the number of places available for selection. A copy of the WBTF rules are available on request from the National Competition Officer. Selection rules can be found at section 22 and 2.7.33.

### 24.3 SOLO FREESTYLE AND PAIRS

24.3.1 Selected members for the European Cup will include up to in each level:

Refer to current WBTF rules for the number of places available for selection. A copy of the WBTF rules are available on request from the National Competition Officer. Selection rules can be found at section 22 and 2.7.33

### 24.4 TEAM/ARTISTIC GROUP

24.4.1 Refer to current WBTF rules for the number of places available for selection. A copy of the WBTF rules are available on request from the National Competition Officer. Selection rules can be found at section 22 and 2.7.33

### 24.5 DOCUMENTATION

24.5.1 The following are required for actual Selection Competition

24.5.1.1 All athletes must submit a passport or birth certificate naming their place of birth.

24.5.1.2 All athletes must submit their current BBTSA Membership card

24.5.2 Once selected the following documentation must be submitted

24.5.2.1 All athletes must have a passport in their own name.

24.5.2.2 All athletes must have their Membership Card.

24.5.2.3 Current Medical certificate stating fitness to participate.

24.5.2.4 Photocopy of Passport (Photo page) per event

### 24.6 COSTUMING

24.6.1 For the purpose of our Selections, costume rules will be relaxed. However any team/Group selected to represent their country will be notified of any costume infraction that may affect them at the actual Championships. Please bear in mind that this is a Sport.



## 24.7 INFRACTIONS

- 24.7.1 The floor monitor will check all athletes as per WBTF rules and regulations. Any costume/makeup/equipment infractions will be noted and selected athletes will be advised accordingly.
- 24.7.2 No towels or other articles may be carried onto the competition floor.
- 24.7.3 Powder/Resin may be used but must be released before entering the competition floor.
- 24.7.4 No accessory or substance on the baton – tape may be used of one colour only.

## 24.8 MUSIC

- 24.8.1 All music must be submitted to the Dropbox account designated by the BBTSA prior to the closing date of the competition.
- 24.8.2 Versions of this music may be changed no later than 10 days before the competition, and must be notified to the Competition Director and Dropbox Co-ordinator.
- 24.8.3 All athletes must have a back up in case of music failure. This must be available in the vicinity of the music desk prior to the athlete taking the floor.
- 24.8.4 All teams/groups will enter from the judge's left and exit to their right.
- 24.8.5 Timing/judging commences from the first note of the music and ceases on the last note.

## 24.9 ATHLETE LOAN ARRANGEMENTS

- 24.9.1 To give clubs the potential to meet the requirements of WBTF criteria, athletes from a club may be loaned to another club to augment their squad
- 24.9.2 A contract (available from Competition Director) specifying the terms of the loan to be signed by both club leaders & the athlete



## 25 WBTF EUROPEAN CUP

### 25.1 SOLO TWIRL/2 BATON/3 BATON

- 25.1.1 There are three levels of competition, Elite, Level A and Level B
- 25.1.2 This competition will be held under WBTF International Cup Rules
- 25.1.3 Selected members for the European Cup will include up to in each level:

Refer to current WBTF rules for the number of places available for selection. A copy of the WBTF rules are available on request from the National Competition Officer. Selection rules can be found at section 22 and 2.7.33

### 25.2 SOLO FREESTYLE AND PAIRS

- 25.2.1 There are three levels of competition, Elite, Level A and Level B
- 25.2.2 Selected members for the European Cup will include up to in each level:

Refer to current WBTF rules for the number of places available for selection. A copy of the WBTF rules are available on request from the National Competition Officer. Selection rules can be found at section 22 and 2.7.33

#### 25.2.3 PARTICIPATION RULES:

- 25.2.3.1 Soloists/Pairs that reached the finals of the Solo/Pair event during the European/World Championship in the year N1 are not allowed to enter the Grand Prix.
- 25.2.3.2 Soloists/Pairs that are selected for the World Championships in the year N are not allowed to enter the Grand Prix.
- 25.2.3.3 Time allowed for music test will be determined fairly by the host country, dependent upon the number of athletes entered. This will not affect the music test for European Cup competition athletes.
- 25.2.3.4 National flags or National anthems will be used during the opening ceremony.
- 25.2.3.5 Athletes are allowed to wear their National track suits.

#### 25.2.4 SCORING

- 25.2.4.1 After each solo freestyle programme the athlete must go to the designated area to receive their score.
- 25.2.4.2 After each pair freestyle programme – the athletes must go to the designated area to receive their score.
- 25.2.4.3 The athlete's coach or representative may join them in order to view the scores.
- 25.2.4.4 Individual Freestyle Athletes will first receive a score for TECHNICAL MERIT followed by a score for ARTISTIC EXPRESSION.
- 25.2.4.5 Pairs will receive one overall degree of excellence score
- 25.2.4.6 There will be a preliminary round and a final round in each solo freestyle division/category. If there are 20 or more solo athletes competing in any one division a semi-final may be required.
- 25.2.4.7 For Junior/Senior Women the final round will be 10 Athletes.
- 25.2.4.8 For Junior/Senior Men and Pairs the final round will be 6 Athletes.

#### 25.2.5 PAIRS

- 25.2.5.1 Each pair shall consist of 2 members (male, female or mixed). 1 named reserve if desired.
- 25.2.5.2 Each pair must perform a freestyle programme.
- 25.2.5.3 There will be a preliminary round and final round in each pair category

### 25.3 TEAM/ARTISTIC GROUP

- 25.3.1 Refer to current WBTF rules for the number of places available for selection. A copy of the WBTF rules are available on request from the National Competition Officer. Selection rules can be found at section 22 and 2.7.33
- 25.3.2 Reserves: - Once selected each country may submit entry forms for one (1) reserve team/Artistic Group per division. (Note selection rules - These reserves must be in attendance at the selections.)



- 25.3.3 The number of clubs, teams/Artistic Groups athletes in each division shall not exceed the number of member countries of the European commission. Should this quota not be reached, participating countries will be asked to complete the numbers in that division.
- 25.3.4 Reserves: The inclusion of one or two reserves may not alter the division of the team or Artistic Groups original entry. Reserves should be compatible in age. If a member of a team/Artistic Group, for whatever reason cannot compete and if the team/Artistic Group has no reserves, and this withdrawal changes the average age (therefore division) this team/Artistic Group must compete in the original division in which they were entered.
- 25.3.5 PARTICIPATION RULES:
- 25.3.5.1 Not allowed as follows: Members of a team/Artistic Group that reach the finals of the team/Artistic Group event during European/World Championships in the year N-1 and the members of teams that are selected for entering the World Championships in the year N are not allowed to enter the European Cup.
- 25.3.5.2 Individuals / Own Club: - Athletes who participate in individual events at the European and World Championships may return to their own club to participate in teams/Artistic Groups for the European Cup.
- 25.3.6 EUROPEAN / WORLD SOLOISTS RESTRICTION
- 25.3.6.1 The European and World soloist to be included in their clubs, team/Artistic Group must not exceed 50% of the athletes competing on the floor.
- 25.3.7 COMPOSITE TEAM
- 25.3.7.1 A Club that competes at the European Cup must not have more than 50% of athletes on the floor, which have competed during the year N and N-1 within a composite team at European and/or World Championships.
- 25.3.8 NUMBER OF MEMBERS
- 25.3.8.1 Team – Europe minimum of 5 members and a maximum of 9 members
- 25.3.8.2 Artistic Group – Europe minimum of 10 members with no maximum
- 25.3.8.3 Named reserves are permitted in team/Artistic Group.
- 25.3.8.4 These reserves must be in attendance at the selections.
- 25.3.8.5 Team/Artistic Group must perform a freestyle programme
- 25.3.8.6 Team/Artistic Group have 1 minute to take up their start position, after they have been announced, and the first athlete crosses over onto the competition floor (no music)
- 25.3.8.7 Team/Artistic Group has 30secs to leave the competition floor after their final position (no music)
- 25.3.9 SCORING
- 25.3.9.1 Team/Artistic Group athletes must go to the designated area to receive their score.
- 25.3.9.2 The athletes coach or representative may join them to view the score
- 25.3.9.3 Team/Artistic Group will receive one overall degree of excellence score
- 25.3.9.4 There will be a preliminary round and a final round in each category



## 26 WBTF INTERNATIONAL CUP

### 26.1 Selection for the International Cup

- 26.1.1 Where age divisions apply, age will be determined in line with the current WBTF instructions.
- 26.1.2 This section relates to English BBTSA athletes only
- 26.1.3 BBTSA Scottish athletes should apply for rules and entry to the Scottish Association that they are affiliated to
- 26.1.4 Any athlete who wishes to take part in the 3 baton event is permitted to do so if they compete at the individual English selections. All athletes will receive extensive feedback from the judges; the BBTSA Technical Director reserves the right to refuse progression from selections to the international cup.
- 26.1.5 To compete at International Cup, athletes must compete at Areas and Nationals.

### 26.2 Solo Twirl/2 baton/3 baton

- 26.2.1 Women and Men compete separately
- 26.2.2 Selected members for the International Cup will include up to in each level:

Refer to current WBTF rules for the number of places available for selection. A copy of the WBTF rules are available on request from the National Competition Officer. Selection rules can be found at section 22 and 2.7.33

### 26.3 Artistic Twirl and Artistic Pair

- 26.3.1 Defined as Freestyle performed to a piece of set music
- 26.3.2 Women and Men compete together
- 26.3.3 There are 2 levels of competition, Junior and Senior at level A and level B

### 26.4 Team/Group

- 26.4.1 There are 3 levels of competition, Elite, level A and level B

#### 26.4.1.1 Guidelines for Level B

Spins: 2 maximum

Stationary Complex/Travelling Complex/Gymnastic Moves: 1 element

Rolls: Free

#### 26.4.1.2 Guidelines for Elite and Level A

No restrictions.

- 26.4.1.3 An athlete may be a member of one Team and/or a member of one Group at the same competition and be allowed to compete in the same level in both or in different levels (e.g. could be in a Level A team and a Level B group). However, an athlete shall not be permitted to be a member of two different teams or two different groups

- 26.4.1.4 Any athlete who has placed in the semi-finals/finals at a World Championship in any event may not compete in any B Level event at a WBTF Cup.

- 26.4.2 Teams and Groups may be comprised of combinations of men and women, all female or all male

- 26.4.3 Selected members for the International Cup will include up to in each level:

- 26.4.3.1 3 teams of 6-8 members in each team
- 26.4.3.2 3 groups of 10-20 members in each group
- 26.4.3.3 Maximum of 2 reserves for each team or group
- 26.4.3.4 There will be no age divisions for teams and groups



26.4.3.5 There is no minimum time limit therefore athletes may complete their routines prior to the completion of the music. Judges will not assess or give credit to material presented after the music ends. Judging shall discontinue at the conclusion of the music.

## 26.5 RESTRICTIONS:

### CONTENT RESTRICTION CHART

#### Solo, Artistic Twirl & Artistic Pair Content Restrictions

CATEGORY	Level B	Level A	Elite
<b>Spins</b>	<p><b>1-2 Spins</b>  <b>Baton</b>                      Releases No Restrictions                      Reception No Restrictions  <b>Body</b>                      Releases No Restrictions                      Reception No Restrictions</p> <p><b>3 Spins</b>  <b>Baton</b>                      Standard Release                      Standard                      Reception <b>Body</b>                      No Restrictions</p>	<p><b>1-2-3 Spins</b>  <b>Baton</b>                      Releases No Restrictions Reception                      No Restrictions <b>Body</b>                      Releases No Restrictions                      Reception No Restrictions</p> <p><b>4 Spins</b>  <b>Baton</b>                      Standard Release Standard                      Reception <b>Body</b>                      No Restrictions</p>	<ul style="list-style-type: none"> <li>No Restrictions</li> </ul>
<b>Aerial Gymnastic</b>	Not Allowed	Aerial cartwheels ONLY (1) under the toss <b>Baton</b> Releases No Restrictions Reception No Restrictions <b>Body</b> <ul style="list-style-type: none"> <li>Minor body moves on release only are allowed</li> <li>Reception No Restrictions</li> <li>Aerial Cartwheels cannot be used in combination with any other body move</li> <li>No other aerial gymnastic moves allowed</li> </ul>	No Restrictions
<b>Stationary Complex &amp; Traveling Complex</b>	Single major body move under the toss <b>Baton</b> Standard Release Standard Reception <b>Body</b> No Restrictions	Single major body move with 2 spins under toss <b>Baton</b> Standard Release Standard Reception <b>Body</b> No Restrictions Double major body move is allowed under the toss, either traveling or stationary <b>Baton</b> Standard Release Standard Reception <b>Body</b> No Restrictions <b>Double Major Tricks are allowed, either Stationary or Travelling. No limited number</b>	No Restrictions
<b>Double Element Tricks</b>	<ul style="list-style-type: none"> <li>Not Allowed</li> </ul>	Double major body moves are allowed under the toss, either traveling or stationary <b>No limited number</b>  <b>Baton</b> Standard Release Standard Reception <b>Body</b> No Restrictions	No Restrictions
<b>Rolls</b>	<ul style="list-style-type: none"> <li>No continuous front neck rolls (with or without hands)</li> <li>No front neck figure 8's</li> <li>No monster rolls (partial or complete)</li> </ul>	No Restrictions	No Restrictions
<b>Contact Material</b>	<ul style="list-style-type: none"> <li>No Restriction</li> </ul>	No Restrictions	No





- **\*\*Walkovers can be front or back DEFINITION OF TERMS: *Standard Reception*** – (refers to type of catch) Vertical or Horizontal RH or LH catch or RH or LH grab. ***Standard Release*** – Vertical RH or LH thumb toss. Vertical RH or LH backhand toss or Horizontal RH or LH toss. ***Major Body Moves***: A move that requires significant control, flexibility, strength, amplitude and extension. This classification includes any body move desired and includes moves such as: Illusions, walkovers, leaps, or jumps (of any type), sauté arabesque, attitude, grand battement, sauté de basque, tour jeté, cabriole.. These moves will be approximately 3 or more counts in duration. ***Minor Body Moves***: A move that does not require significant control, flexibility, strength, amplitude, or extension and additionally does not require horizontal or vertical reorientation to the baton (no body rotations <turns>) or manoeuvring the body upside down (illusions, bows, etc). These moves will be approximately 2 counts in duration. This classification includes moves such as: hop, skip, chassé, piqué, step-step, and coupé, sauté. This category will often be used as preparation or follow through movements. Refer to the definition of terms not defined in this chart

- EXECUTION OF ANY DISALLOWED MOVES WILL RESULT IN A PENALTY TO BE ASSESSED FOR EACH VIOLATION OF CONTENT RESTRICTIONS.

## CONTENT RESTRICTION CHART

### 2 Baton Content Restrictions

Category	Level B	Level A	Elite
<b>Spins</b>	1 spins <b>Baton</b> Releases No Restrictions Reception No Restrictions <b>Body</b> Releases No Restrictions Reception No Restrictions	2 spins <b>Baton</b> Releases No Restrictions Reception No Restrictions <b>Body</b> Releases No Restrictions Reception No Restrictions	<ul style="list-style-type: none"> <li>• No Restrictions</li> </ul>
<b>Stationary &amp; Traveling Complex</b>	Single major body under the toss(s)  <b>Baton</b> Releases No Restrictions Reception No Restrictions <b>Body</b> Releases No Restrictions Reception No Restrictions Note – open hand releases are considered “Standard”	Single Major Body move with one spin under toss(s) (this is not considered a double element trick) <b>Baton</b> Releases No Restrictions Reception No Restrictions <b>Body</b> Releases No Restrictions Reception No Restrictions One double element trick allowed with double major body move under toss(s) <b>Baton</b> Releases No Restrictions Reception No Restrictions <b>Body</b> Releases No Restrictions Reception No Restrictions No aerial gymnastics allowed	<ul style="list-style-type: none"> <li>• No Restrictions</li> </ul>
<b>Rolls</b>	No continuous front neck rolls (with or without hands)  No front neck figure 8's  No monster rolls (partial or complete)	Partial monster roll is allowed, making 360 degree rotation around one arm	<ul style="list-style-type: none"> <li>• No Restrictions</li> </ul>
<b>Contact Material</b>	<ul style="list-style-type: none"> <li>• No Restrictions</li> </ul>	<ul style="list-style-type: none"> <li>• No Restrictions</li> </ul>	<ul style="list-style-type: none"> <li>• No Restrictions</li> </ul>

**Note - spins may be executed under 1 or 2 batons. This includes both single and double releases, from one or both hands.....high/low, high/high, dual plane, dual pattern, opposition**

**Note - Body Move may be executed under 1 or 2 batons. This includes both single and double releases, from one or both hands.....high/low, high/high, dual plane, dual pattern, opposition.**



# CONTENT RESTRICTION CHART

## 3 Baton Content Restrictions

Category	Level B	Level A	Elite
<b>Spins</b>	1 spins <b>Baton</b> Releases No Restrictions Reception No Restrictions <b>Body</b> Releases No Restrictions Reception No Restrictions	2 spins <b>Baton</b> Releases No Restrictions Reception No Restrictions <b>Body</b> Releases No Restrictions Reception No Restrictions	<ul style="list-style-type: none"> <li>No Restrictions</li> </ul>
<b>Stationary/Traveling Complex</b>	Single major body under the toss(s)  <b>Baton</b> Releases No Restrictions Reception No Restrictions <b>Body</b> Releases No Restrictions Reception No Restrictions Note – open hand releases are considered "Standard Triple Tosses are not allowed"	Single Major Body move with one spin under toss(s) (this is not considered a double element trick) <b>Baton</b> Releases No Restrictions Reception No Restrictions <b>Body</b> Releases No Restrictions Reception No Restrictions One Triple toss is allowed Double Element Tricks are not allowed Aerial Gymnastics are not allowed	<ul style="list-style-type: none"> <li>No Restrictions</li> </ul>
<b>Rolls</b>	<ul style="list-style-type: none"> <li>No continuous front neck rolls (with or without hands)</li> <li>No front neck figure 8's</li> <li>No monster rolls (partial or complete)</li> </ul>	Partial monster roll is allowed, making 360 degree rotation around one arm	<ul style="list-style-type: none"> <li>No Restrictions</li> </ul>
<b>Contact Material</b>	<ul style="list-style-type: none"> <li>No Restrictions</li> </ul>	<ul style="list-style-type: none"> <li>No Restrictions</li> </ul>	<ul style="list-style-type: none"> <li>No Restrictions</li> </ul>

**NOTE: Definition of triple toss - Triple Tosses - all 3 batons are released sequentially, one at a time, before the first one is caught - June 2012**



## CONTENT RESTRICTION CHART

### Team and Group Content Restrictions

These restrictions apply to one or all team members

CATEGORY	Level B	Level A	Elite
<b>Spins</b>	<ul style="list-style-type: none"> <li>1 spin</li> </ul> <p><b>Baton</b> Releases No Restrictions Reception No Restrictions</p> <p><b>Body</b> Releases No Restrictions Reception No Restrictions</p> <ul style="list-style-type: none"> <li>2 Spins</li> </ul> <p><b>Baton</b> Standard Release Standard Reception</p> <p><b>Body</b> No Restrictions</p>	<ul style="list-style-type: none"> <li>1-2 spin</li> </ul> <p><b>Baton</b> Releases No Restrictions Reception No Restrictions</p> <p><b>Body</b> Releases No Restrictions Reception No Restrictions</p> <ul style="list-style-type: none"> <li>3 Spins</li> </ul> <p><b>Baton</b> Standard Release Standard Reception</p> <p><b>Body</b> No Restrictions</p>	<ul style="list-style-type: none"> <li>No Restrictions</li> </ul>
<b>Aerial Gymnastic</b>	<ul style="list-style-type: none"> <li>Not allowed</li> </ul>	<ul style="list-style-type: none"> <li>Not allowed</li> </ul>	<ul style="list-style-type: none"> <li>No Restrictions</li> </ul>
<b>Stationary Complex &amp; Traveling Complex</b>	<ul style="list-style-type: none"> <li>Single major body move under the toss</li> </ul> <p><b>Baton</b> Standard Release Standard Reception</p> <p><b>Body</b> No Restrictions</p>	<ul style="list-style-type: none"> <li>Single major body move with 1 spin under toss</li> </ul> <p><b>Baton</b> Standard Release Standard Reception</p> <p><b>Body</b> No Restrictions</p>	<ul style="list-style-type: none"> <li>No Restrictions</li> </ul>
<b>Double Element Tricks</b>	<ul style="list-style-type: none"> <li>Not Allowed <b>under the toss</b></li> </ul>	<ul style="list-style-type: none"> <li>Not Allowed <b>under the toss</b></li> </ul>	<ul style="list-style-type: none"> <li>No Restrictions</li> </ul>
<b>Rolls</b>	<ul style="list-style-type: none"> <li>No continuous front neck rolls (with or without hands)</li> <li>No front neck figure 8's</li> <li>No monster rolls (partial or complete)</li> </ul>	<ul style="list-style-type: none"> <li>No Restrictions</li> </ul>	<ul style="list-style-type: none"> <li>No Restrictions</li> </ul>
<b>Contact Material</b>	<ul style="list-style-type: none"> <li>No Restrictions</li> </ul>	<ul style="list-style-type: none"> <li>No Restrictions</li> </ul>	<ul style="list-style-type: none"> <li>No Restrictions</li> </ul>



- \*\*Walkovers can be front or back DEFINITION OF TERMS: **Standard Reception** – (refers to type of catch) Vertical or Horizontal RH or LH catch or RH or LH grab. **Standard Release** – Vertical RH or LH thumb toss. Vertical RH or LH backhand toss or Horizontal RH or LH toss. **Major Body Moves:** A move that requires significant control, flexibility, strength, amplitude and extension. This classification includes all body moves desired and includes moves such as: Illusions, walkovers, leaps, or jumps (of any type), sauté arabesque, attitude, grand battement, sauté de basque, tour jeté, cabriole. These moves will be approximately 3 or more counts in duration. **Minor Body Moves:** A move that does not require significant control, flexibility, strength, amplitude, or extension and additionally does not require horizontal or vertical reorientation to the baton (no body rotations <turns>) or maneuvering the body upside down (illusions, bows, etc). These moves will be approximately 2 counts in duration. This classification includes moves such as: hop, skip, chassé, piqué, step-step, and coupé, sauté. This category will often be used as preparation or follow through movements. Refer to the for definition of terms not defined in this chart
- **EXECUTION OF ANY DISALLOWED MOVES WILL RESULT IN A PENALTY TO BE ASSESSED FOR EACH VIOLATION OF CONTENT RESTRICTION**

## 26.6 Costume, Footwear & Baton Guidelines

- 26.6.1 There is no restrictions on costume choice for any of the events bearing in mind that this is a sport
- 26.6.2 Footwear must meet the requirements of the facility
- 26.6.3 Batons must conform to the definition of “baton”. Shafts may be of any colour. The use of grip tape is optional. Grip tape can cover up to ½ of the shaft, divided equally from the centre. Grip tape can be applied in solid, striped or spiral fashion. Tape can be of any colour(s). Inside a Pair, Team or Group, the grip tape must be the same.